



MIMI NEWMAN

Graduate Student

University of Pennsylvania

School & Mental Health
Counseling program

M.S.Ed. expected in May 2021

CONTACT

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TELE-HEALTH PLATFORM

<http://doxy.me/drmiminewman>

To: Center on the Hill in Chestnut Hill

Subject: Virtual Support Counseling

Who am I?

Welcome! I am a second-year graduate student in the mental health counseling program at the University of Pennsylvania. I have created a **virtual support counseling program** that is **FREE** to those who participate. We live in challenging times that call for creativity in **connecting with individuals who need support in their daily lives**.

How does the virtual support counseling program work? EASY!

PURPOSE

- The **purpose is to provide comfort and support** for anyone who may be seeking to engage in friendly conversation and have companionship, and/or who is feeling lonely, isolated, anxious, upset, or otherwise distressed.
- **Individual** or **group** support counseling is available.
- All sessions are **confidential**.

HOURS

- Please contact me to schedule a **½ hour session**. My **hours are flexible** to accommodate your schedule.

HOW TO SCHEDULE AN APPOINTMENT

- Request and **schedule an appointment** by contacting me via **phone and/or e-mail**. I try to respond to all communications within 24 hours. I can be reached as follows:

missmiriam67@gmail.com OR
(484) 716 - 9946

APPOINTMENT DAY

- Access my **virtual office** at the **scheduled appointment time** through the Internet on a computer or cell phone by typing **<https://doxy.me/drmiminewman>**. I will move you from a virtual waiting room to my virtual office.

I look forward to making supportive connections with you!