

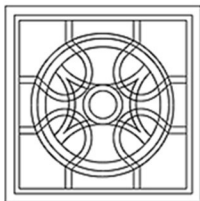
# THE PRESBYTERIAN CHURCH OF CHESTNUT HILL

*An inclusive community of faith*

Sunday, February 26, 2023

10:00 a.m.

FIRST SUNDAY IN LENT



8855 Germantown Avenue, Philadelphia, Pennsylvania

## WELCOME!

*Welcome to the Presbyterian Church of Chestnut Hill!*

*Whether you're a first-time guest or a longtime member, we are grateful for your presence. There's a place for you here!*

See an usher for hearing devices or large-print bulletins.

Nursery care for infants through age 2 is available in the Strouse building—ask an usher for assistance. Children age 3 and older depart from worship for church school.

We encourage you to fill out the black fellowship pads in the pews, to help us to get to know all who've shared worship with us today.

Following the 10:00 a.m. service, all are invited for refreshments and fellowship in Widener Hall.

We send regular email updates about worship, church life, and other events. Please contact the church office if you'd like to receive them.

Please silence all electronic devices.

*Find more information about PCCH on page 12.*

## ORDER OF WORSHIP

There are two occasions when the sacred beauty of creation  
becomes dazzlingly apparent,  
and they occur together.

One is when we feel our mortal insufficiency to the world,  
and the other is when we feel the world's mortal insufficiency to us.

—Marilynne Robinson  
*Gilead*

### OPENING VOLUNTARY

*Nocturne*  
(Op. 9, No. 2)

Frédéric Chopin  
(1810-1849)

### INTROIT

Make me a clean heart, O God.  
Renew a right spirit within me.  
For I acknowledge my faults  
and my sin is ever before me.  
Thou shalt make me hear of joy and gladness  
that the bones which thou hast broken may rejoice.

Gerre Hancock  
(1934-2012)

### CALL TO WORSHIP *(from Psalm 32)*

Leader: Happy are those whose transgression is forgiven,  
whose sin is covered.

People: **Happy are those to whom the Lord imputes no iniquity,  
and in whose spirit there is no deceit.**

Leader: Let all who are faithful offer prayer to you;

People: **at a time of distress, the rush of mighty waters  
shall not reach them.**

Leader: You are a hiding-place for me;

People: **you preserve me from trouble;  
you surround me with glad cries of deliverance.**

Leader: Steadfast love surrounds those who trust in the Lord.

People: **Be glad in the Lord and rejoice, O righteous,  
and shout for joy, all you upright in heart.**

*\*Please stand as you are able.*

**PRAYER OF CONFESSION** (*unison*)

God of mercy, you sent Jesus Christ to seek and save the lost. We confess that we have strayed from you and turned aside from your way. We are misled by pride, for we see ourselves pure when we are stained, and great when we are small. We have failed in love, neglected justice, and ignored your truth.

Have mercy, O God, and forgive our sin. Return us to paths of righteousness through Jesus Christ, our Savior. Amen.

**KYRIE ELEISON**

Richard Proulx  
(1937-2010)

The musical notation consists of two staves. The first staff has three measures: the first measure is labeled 'Cantor' and contains the lyrics 'Lord, have mer - cy.'; the second measure is labeled 'All' and contains 'Lord, have mer - cy.'; the third measure is labeled 'Cantor' and contains 'Christ, have mer - cy.'. The second staff has three measures: the first measure is labeled 'All' and contains 'Christ, have mer - cy.'; the second measure is labeled 'Cantor' and contains 'Lord, have mer - cy.'; the third measure is labeled 'All' and contains 'Lord, have mer - cy.'. The music is written in a single treble clef with a key signature of one flat (Bb).

**PROMISE OF THE GOSPEL**

Leader: Friends, believe the good news.  
People: **In Jesus Christ, we are forgiven.**

**\*RESPONSE**

WONDROUS LOVE

To God and to the Lamb I will sing, I will sing,  
to God and to the Lamb, I will sing;  
to God and to the Lamb who is the great I Am,  
while millions join the theme, I will sing, I will sing;  
while millions join the theme, I will sing!

### \*PASSING OF THE PEACE

Leader: As a forgiven people, let us share Christ's peace with one another.  
The peace of Christ be with you.

People: **And also with you.**

### WELCOME AND ANNOUNCEMENTS

### PRAYER FOR ILLUMINATION (*unison*)

Gracious God, our way in the wilderness, guide us, by your word, through these forty days, and minister to us, with your Holy Spirit, so that we may be reformed, restored, and renewed; through Jesus Christ our Lord. Amen.

### OLD TESTAMENT AND EPISTLE LESSONS

Genesis 2:15-17, 3:1-7

Romans 5:12-19

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.' Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

\* \* \*

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised

dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Leader: Holy wisdom, holy word.

People: **Thanks be to God.**

## JOYFUL NOISE ANTHEM

*If I Were a Butterfly*

Brian M. Howard

If I were a butterfly, I'd thank you, Lord, for giving me wings,  
and if I were a robin in a tree, I'd thank you, Lord, that I could sing,  
and if I were a fish in the sea, I'd wiggle my tail and I'd giggle with glee,  
but I just thank you, Father, for making me me.

If I were an elephant, I'd thank you, Lord, by raising my trunk  
and if I were a kangaroo, I'd just hop right up to you,  
and if I were an octopus, I'd thank you, Lord, for my good looks,  
but I just thank you, Father, for making me me.

If I were a wiggly worm, I'd thank you, Lord, that I could squirm,  
and if I were a crocodile, I'd thank you, Lord, for my big smile,  
and if I were a fuzzy wuzzy bear, I'd thank you, Lord, for my fuzzy wuzzy hair,  
but I just thank you, Father, for making me me.

### **Chorus**

'Cause you gave me a heart, and you gave me a smile,  
you gave me Jesus and you made me your child,  
and I just thank you, Father, for making me me.

## CHILDREN'S MOMENT AND DISMISSAL

*Children through 7th grade depart for church school in the Strouse building, followed immediately by Joyful Noise rehearsal in the chapel for children through 5th grade. Following rehearsal the children will be brought to their families in Widener Hall.*

### HYMN *(seated)*

TALLIS' CANON

Go with us, Lord, and guide the way  
Through this and every coming day,  
That in your Spirit strong and true,  
Our lives may be our gift to you.

### GOSPEL LESSON

Matthew 4:1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."' Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you," and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' Then the devil left him, and suddenly angels came and waited on him.

Leader: Holy wisdom, holy word.

People: **Thanks be to God.**

### SERMON

*What's Sin Got to Do With It*

John Wilkinson

**\*HYMN 80**

*Jesus Walked This Lonesome Valley*

LONESOME VALLEY

**\*AFFIRMATION OF FAITH**

from *Our Song of Hope*  
Reformed Church in America

We sing to our Lord a new song;  
we sing in our world a sure Hope:  
our God loves this world,  
God called it into being,  
God renews it through Jesus Christ,  
God governs it by the Spirit.  
God is the world's true Hope.

We are a people of hope  
waiting for the return of our Lord.  
God has come to us  
through the ancient people of Israel,  
as the true Son of God, Jesus of Nazareth,  
as the Holy Spirit at work in our world.  
Christ is with us day by day.

Come, Lord Jesus:  
we are open to your Spirit.  
We await your full presence.  
Our world finds rest in you alone. Amen.

**PRAYERS OF THE POPE AND LORD'S PRAYER**

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

**OFFERING**



**OFFERTORY ANTHEM**

Herbert Howells  
(1934-2012)

Like as the hart desireth the waterbrooks,  
so longeth my soul after thee, O God.  
My soul is athirst for God,  
yea, even for the living God.  
When shall I come to appear before the presence of God?  
My tears have been my meat day and night,  
while they daily say unto me,  
“Where is now thy God?”

**\*DOXOLOGY**

OLD HUNDREDTH

Praise God, from whom all blessings flow,  
Praise God, all creatures here below;  
Praise God above, ye heavenly host:  
Praise Father, Son, and Holy Ghost.

**\*PRAYER OF THANKGIVING**

Leader: The Lord be with you.  
People: **And also with you.**  
Leader: Let us pray.  
All: **Almighty God, your Son fasted forty days in the wilderness, and was tempted as we are but did not sin. Give us grace to direct our lives in obedience to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our redeemer. Amen.**

**\*HYMN 87**

*The Glory of These Forty Days*

ERHALT UNS, HERR

**\*CHARGE AND BENEDICTION**

**\*BENEDICTION RESPONSE**

Amen.

Peter Lutkin  
(1858-1931)

**CLOSING VOLUNTARY**

*Prelude in C minor*

J. S. Bach  
(1685-1750)

## LEADING WORSHIP TODAY

### PREACHING

John Wilkinson

### LITURGIST

Beth Shalom Hessel

### MUSIC

Gallery Choir

Jeffrey DeVault organist and conductor

Joyful Noise

Julie Snyder conductor

Brady Welsh piano

### GREETERS

Michelle Shachtman and Taylor Slaughter Elders

Dom Rebeck and Deborah Robinson Deacons

### USHERS

Joan Demme Team #4 Leader; Shannon Cavanaugh, James Cupp, Michelle Shachtman, Robert Shachtman, Barbara Spause

### FLOWER GUILD

Barbara Olson and Elizabeth Podraza

**FLOWERS IN THE SANCTUARY** are given to the glory of God and in honor of our grandchildren, **Sydney and Max Armbruster** by Barbara Armbruster.

**COVER ART** Briton Rivière, *The Temptation in the Wilderness*, 1898, oil on canvas, Guildhall Art Gallery, London. Rivière (1840-1920) was a British artist of Huguenot descent. Early in his career, Rivière made some mark as an illustrator, beginning with work in the popular magazine *Punch*. He was elected an Associate of the Royal Academy of Arts in 1878, and a Royal Academician in 1881, and received the degree of Doctor of Civil Law at Oxford in 1891. Though he exhibited a variety of paintings at the Royal Academy, Rivière devoted much of his life to animal paintings.

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## GOOD TO KNOW

If you are interested in exploring membership at PCCH, please contact John Wilkinson at the church office or at [jwilkinson@chestnuthillpres.org](mailto:jwilkinson@chestnuthillpres.org).

Sunday worship is live-streamed at [chestnuthillpres.org/live](http://chestnuthillpres.org/live) and is recorded for later viewing. This offering extends our reach across the country and beyond. Visit us when you're away and tell your friends about this new opportunity to join us.

Please share any pastoral care needs or concerns with John Wilkinson at the church office or at [jwilkinson@chestnuthillpres.org](mailto:jwilkinson@chestnuthillpres.org).

If you would like to receive a ride to church for Sunday worship, please contact the church office.

Please see the back cover for information about our church staff and how to contact and connect with us. You also can access today's Bulletin online.



MATTHEW 25

The Presbyterian Church of Chestnut Hill has committed itself to be a Matthew 25 congregation, joining an initiative of the Presbyterian Church (U.S.A.) focused on three areas:  
Building congregational vitality, dismantling structural racism,  
eradicating systemic poverty.

Visit our Matthew 25 page: [chestnuthillpres.org/matthew-25](http://chestnuthillpres.org/matthew-25) for more information about Matthew 25 news and events.

# THE LIFE OF THE CHURCH

## TODAY AT PCCH

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### **EARTHQUAKE RELIEF SPECIAL OFFERING** *(Final Sunday)*

Through Presbyterian Disaster Assistance, we are receiving an offering to support earthquake relief in Syria and Turkey. You may write a check (memo line: “Earthquake Relief”) and put it in the offering plate or send it to the church office. If you prefer to give electronically, use the QR code and indicate on your payment



that it is for the Earthquake Relief Offering.

Please keep all those affected by this disaster, and those seeking to offer aid, in your prayers.

“We pray for the people of Central Turkey and North West Syria, whose lives have been devastated by the earthquake. Be present, O Lord, our Good Shepherd, to bring comfort, relief, shelter and human kindness. Shield the people who suffer, console those who are bereaved, prosper the provision of relief, strengthen the work of emergency teams, and shine your light and hope in the midst of despair. We pray this in the name of Jesus Christ our Lord. Amen.”

—Anglican Church

### **ANNUAL MEETING, PART I**

Sunday, March 5, following worship, Widener Hall

The annual meeting of the congregation will be held Sunday, March 5 following the service of worship. All are welcome. We will hear reports of this past year’s ministry, hear a personnel update, share information on our finances and vote on terms of call for the pastor. The report of the Committee of Nominations will be received and acted on at a subsequent meeting. Please plan to join us.

### **PRESCHOOL DIRECTOR SEARCH**

Following the successful leadership of Interim Director Diana Rodgers, the Session—through its Personnel and Preschool Committees—will be seeking a new director. If you are aware of those who might be interested in this position, please encourage them to contact John Wilkinson at the church office by March 3. Please contact John with any questions or comments.

## **SECOND HOUR TODAY**

Reception room, 11:30 a.m.

Sunday, February 26—Sr. Meaghan Patterson, SSJ, Executive Director, Dawn's Place  
Dawn's Place offers a safe and caring residential setting for survivors of commercial sexual exploitation or sex trafficking. PCCH has long supported this important mission. Please join us to learn more.

## **SUNDAY MORNING LITURGISTS SOUGHT**

If you would like to participate in worship leadership by reading one of the scripture lessons and other parts of the liturgy, we'd love to welcome you to that role. Please contact John Wilkinson at the church office or [jwtwilkinson@chestnuthillpres.org](mailto:jwtwilkinson@chestnuthillpres.org) for further information.

## **ONGOING BOOK DRIVE**

We continue to receive books for the Philadelphia Book Bank and Treehouse Books. Books may be brought to the Reception Room.

Philadelphia Book Bank receives children's books in new or gently used condition.  
Treehouse Books receives new children's books. They have a wish list on Amazon.

## **CALL FOR ARTISTS—2023 STATIONS OF THE CROSS THROUGH ARTISTS' EYES at WEST KENSINGTON MINISTRY**

The Stations of the Cross, also called the Way of the Cross, is a devotion to the passion of Christ consisting of prayers and meditations on fourteen occurrences that were experienced by Christ on his way to the crucifixion. During the time of the Crusades (1095-1270), it became popular for pilgrims in the Holy Land to walk in the footsteps of Jesus to Calvary. Originally done only outdoors, the Stations were allowed inside churches in the mid-18th century.

West Kensington Ministry continues its Stations tradition this year, and has put out a call for artists to interpret one of the fourteen stations and present their work during the Stations of the Cross walk on Friday, April 7 at 3:00 p.m. If you are interested in learning more and/or creating a work, and would like to connect with Adan Mairena at WKM for more details, please reach out to Jeff Podraza ([jeffpodraza@gmail.com](mailto:jeffpodraza@gmail.com)) or Laura Brobyn ([brobynlaura@gmail.com](mailto:brobynlaura@gmail.com)).

## OPPORTUNITIES TO LEARN & CONNECT

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### WEDNESDAY BIBLE STUDY

Please join us each Wednesday at 11:00 a.m. in the Harris Room for study, reflection and discussion. We typically explore the lectionary texts for the following Sundays. All are welcome, whether you can join us regularly or not.

### WOMEN'S RETREAT

March 3 and 4, Widener Hall, hosted by Grace Presbyterian Church

The women of Grace Presbyterian Church have cordially invited all women of PCCH to their annual women's retreat. Our church will be the site for this annual gathering, which begins on the evening of Friday, March 3 and continues through Saturday afternoon, March 4. Women from Cedar Park Presbyterian Church are also invited.

The theme of the retreat is "The Red Tent: Then and Now." *The Red Tent*, a novel by Anita Diamant, chronicles a re-imagining of the life of Dinah who was the only daughter of Jacob and Leah, one of his four wives. This book seeks to offer an alternative narrative of the role of women in ancient Israel. The focus for this retreat is to peek inside the Red Tent of yesterday and of today, and honor the women we find inside.

Retreat brochures are located on the literature rack outside the main office. For further information, contact Chris Hoyler, 215-460-1780 or [chrishoyler@verizon.net](mailto:chrishoyler@verizon.net), or Jen Eyre, 215-485-1589 or [jreyre@comcast.net](mailto:jreyre@comcast.net).

### THE FORUM ON THE HILL

Thursday, March 9, 12:30 p.m., Widener Hall

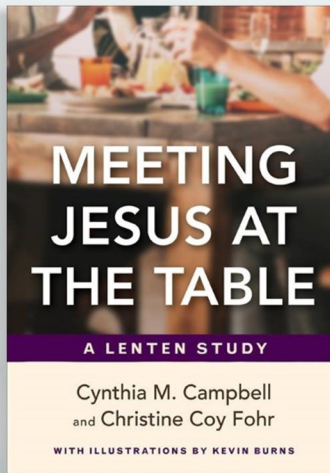
Presented in person for a limited number of people in Widener Hall, and recorded so it can be watched online after 5:00 p.m. at [tinyurl.com/ymf8dp8x](http://tinyurl.com/ymf8dp8x). Bring your own brown bag lunch, and light refreshments and snacks will be provided. A \$5 donation is requested. Registration required to attend in person.

Speaker: Eric Gershenow

Topic: *The Science Behind Creating a New Medication*

Learn the science behind developing pharmaceutical therapies, from conception to commercialization, and the different pathways by which these therapies are designed to treat illness. The different types of drug modalities will be presented that include monoclonal antibody therapies, to emerging technologies such as gene therapies and RNA/DNA based treatments and the challenges to manufacturing these therapies at commercial scale to make them accessible to the public. Join us as we explore this ever changing and fascinating industry and the impact on our society.

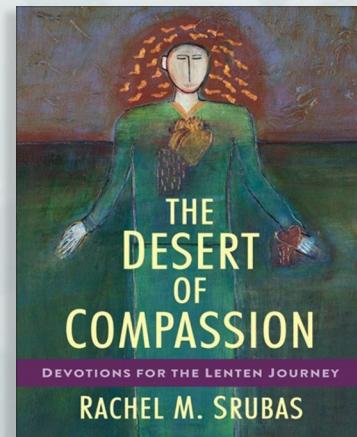
# LENTEN READING



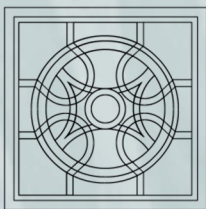
Written by Cynthia Campbell and Christine Coy Fohr, *Meeting Jesus at the Table* presents a series of brief reflections on the ways meals and food marked important moments in Jesus' ministry. This book is the focus of the Presbytery Retreat, to be led by John Wilkinson, on **Saturday, March 18.**

All PCCH folks are welcome to attend.

*The Desert of Compassion*  
by Rachel Srubas  
offers brief daily readings for Lent.  
It will be the focus of the  
PCCH Lenten retreat  
on **Sunday, March 26.**



These books will be faithful companions during your Lenten journey, even if you can't attend the retreats.



Books available at the church office during the week,  
and at Sunday coffee hour, at a discounted price of \$9.  
Please pay with cash or check.



## CHILDREN, YOUTH & FAMILIES

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### CHURCH SCHOOL TEACHERS SOUGHT

We are in need of more teachers and teacher assistants in our church school classes! If you are interested in volunteering for either of these roles, please reach out to Megan Petero at [mpetero@chestnuthillpres.org](mailto:mpetero@chestnuthillpres.org). There will be training and information sessions once we have a list of prospective teachers. Thank you!

### SUNDAY SCHOOL UPDATE

We offer classes for two different age groups—one for children ages 3 through 2<sup>nd</sup> grade (room 212) and another for children in grades 3 through 7 (room 201). Both rooms are directly adjacent to the chapel.

Our curriculum for both age groups, based on the Montessori method of learning, comes from Godly Play, using visual elements to hear Bible stories and then inviting children to express themselves by creating art or building and shaping things.

Godly Play is designed for children to both experience God and to find ways to express their faith experiences. The rhythm of Godly Play is more like worship than school and children are able to explore what they have experienced.

Our younger children from ages 3 to 2<sup>nd</sup> grade will be immersed in the stories of God's care for us, learning the ebb and flow of silence and interacting, of hearing and doing.

The older group, grades 3 to 7, will focus on the gift of creation and how we might think about the needs of the earth while hearing many ways in which people of the Bible carry out acts of love and care in challenging times.

Nursery care is available for children ages two and under and is staffed by two fully vaccinated, fully background-checked adults. Nursery workers will continue wearing masks.

## CHILDREN AND YOUTH MUSIC

Joyful Noise, our children's choir, will rehearse today from 11:10–11:40 a.m. All children through grade 5 are invited to participate.

Youth Choir will rehearse today from 4:15–5:00 p.m. All youth in grades 6-12 are invited to participate.

## CHILDREN AND YOUTH SUNDAY SCHEDULE

### Sunday, February 26

11:10–11:40 a.m. Joyful Noise rehearsal (grades K-5)

4:15–5:00 p.m. Youth Choir rehearsal (grades 6-12)

5:00–6:45 p.m. Regular youth group

7:00–8:00 p.m. Confirmation class: *Life and Afterlife*

### Sunday, March 5

11:10–11:40 a.m. Joyful Noise rehearsal (grades K-5)

4:15–5:00 p.m. Youth Choir rehearsal (grades 6-12)

5:00–8:00 p.m. Dinner and Escape Room in King of Prussia

## CENTER ON THE HILL

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The Center on the Hill is open Monday to Friday, 9:00 a.m.–4:00 p.m. with all our practices and protocols in place. New online content is posted Monday to Thursday at 12:00 p.m. on our programs page: [chestnuthillpres.org/center-on-the-hill/programs](http://chestnuthillpres.org/center-on-the-hill/programs). **Registration is required for all activities and classes** at the Center as space is limited for social distancing. Call 215-247-4654 or email [msaavedra@chestnuthillpres.org](mailto:msaavedra@chestnuthillpres.org).

### MAH JONGG- OPEN PLAY (*registration required*)

Tuesdays, join at any time, 12:30–3:00 p.m., \$2

Wednesdays, join at any time, 1:30–3:30 p.m., \$2

Come join some new friends, and enjoy the game of Mah Jongg in a relaxed environment. Beginners and Intermediate Players welcome. This is an opportunity to simply enjoy others' company and play the game of Mah Jongg. Participants should be familiar enough with the game to play without formal instruction and have played before.

**STRONG BONES EXERCISE CLASS** (*registration required*)

Session 2: Tuesdays, February 28–April 4, 1:00–2:00 p.m., \$72 for 6 week session or \$15/per class drop in

Did you know that 1 in 2 women and 1 in 4 men over the age of 50 will have an osteoporosis-related fracture in their remaining lifetime, and that osteoporosis is responsible for 1.5 million fractures a year in the United States? It doesn't have to be this way. Hundreds of clinical studies have indisputably proven that doing the right exercises, improving your balance, and making some lifestyle changes, (such as not smoking and improving your diet), are critical factors in building stronger bones. In addition, active lifestyles are associated with reducing the risk of hip fracture by half.

This class will include standing and floor exercises to improve postural alignment, balance, and strength. Joanne's Strong Bones program is derived from evidence-based research in the field of osteoporosis. Bring your own mat, but all other equipment will be provided.

**THE LOCKDOWN IS OVER, but my anxiety lingers on. What can I do?** (*registration required*)

Presented in person and recorded to be streamed online the following week

Thursday, March 2, 11:00 a.m.–12:00 p.m., free

Older individuals were already at risk for loneliness and depression pre-pandemic, and then came the public health restrictions of Covid-19. It's been three years since the pandemic began and most public health restrictions have been lifted. But many of us have not experienced a full return to "normal." We may have noticed declines in our physical condition and mobility, or we may admit to anxiety about returning to some of the activities we loved pre-pandemic. Results of research already conducted suggest that the psychological effects of public health restrictions rather than normal aging are believed to be at the root of some of this decline or disruption of our social rituals, and the incomplete restoration of our former behaviors. Please join us as Judy Dorshimer and Kim Sloan return to begin a conversation about the lingering social and psychological effects of living through Covid-19 three years later. This presentation is sponsored by Human Touch Home Care, Ltd.

**MAKE A MOSAIC PANEL** (*registration required, space is limited*)

Tuesdays, March 7–21 (3 Class Session), 1:00–4:00 p.m., \$55, all materials provided.

In this class, students will design, sculpt, glaze and set a 8”x8” bas relief mosaic “puzzle” using the bas relief method of tile making. Selection of imagery is up to the individual, but should include opportunities to create bas relief and textural areas. Consider using a favorite photo, design or sketch as your inspiration for your mosaic. Please come to the first session with an idea for your panel, sized (printed out, black and white ) to 8”x 8”. All levels of experience welcome.

Session #1, 3 hours: Outline design onto plastic sheeting, roll out slab, transfer design. Use bas relief and texture to create image. Cut panel into puzzle pieces (while wet clay).

Session #2, 3 hours: Use underglazes to decorate your mosaic puzzle.

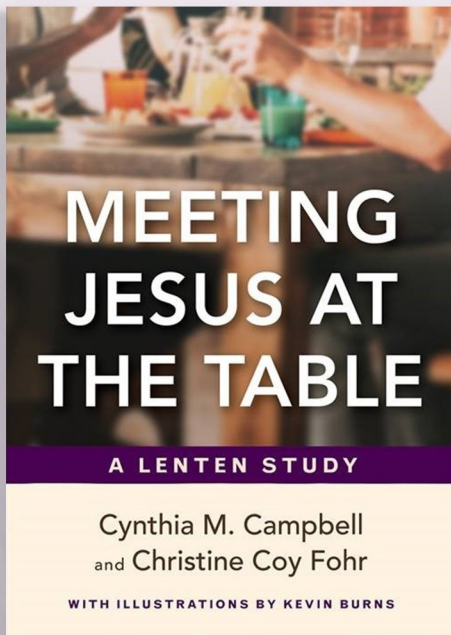
Session #3, 2 hours: The glazed pieces will be adhered to the wood substrate and will be grouted to complete the project.

Presented by mosaic tile design artist Laura Lyn Stern from the Mosaic Society of Philadelphia. ([lauralynstern.artspan.com](http://lauralynstern.artspan.com))

PRESBYTERY GATHERING  
**LENTEN BOOK STUDY**

Saturday, March 18      10 a.m.-1 p.m.

led by John Wilkinson and others from the Presbytery



The Gospels are full of stories of Jesus sharing meals with disciples, friends, even tax collectors and Pharisees.

This eight-chapter resource provides biblical insights along with thought-provoking queries regarding our own time.

All PCCH folks are welcome.

*We will explore themes of this book  
and how they impact our lives as people of faith  
and in the ministries of our congregations.*

Presbytery Office, 915 East Gowen Avenue 19119

*Register at [www.presbyphl.org/presbytery-events](http://www.presbyphl.org/presbytery-events)*

*\$12 includes box lunch*

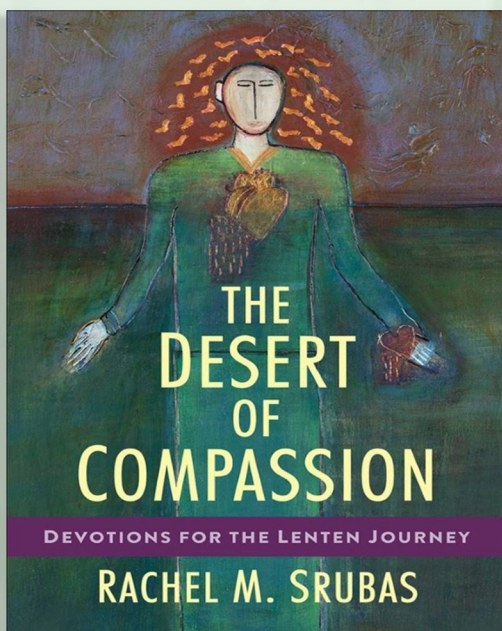
*book available at PCCH for a discounted price of \$9*



# LENTEN RETREAT

Sunday, March 26      noon until 3 p.m.

led by John Wilkinson



Rachel Srubas' book offers daily reflections to be read throughout Lent.

At the retreat, we will gather themes and reflect on how they connect with our own faith journeys.

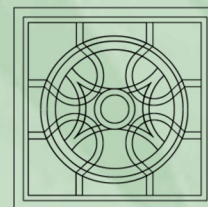
Come for a time of discussion, reflection and connection.

*Register with the church office by March 22*

*\$10 (includes lunch)*

*book available at the church office and at coffee hour*

*at a discounted price of \$9*



## HAPPENING HERE THIS WEEK

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### SUNDAY, February 26

#### Worship

Church School  
Fellowship  
Joyful Noise rehearsal  
Second Hour  
Mosaic Society general meeting  
Youth Choir rehearsal  
Senior High youth group  
Confirmation Class

### LENT I

sanctuary, 10:00 a.m.  
Strouse, 10:20 a.m.  
Widener Hall, 11:15 a.m.  
chapel, 11:10 a.m.  
reception room, 11:30 a.m.  
Harris, 1:00 p.m.  
choir room, 4:15 p.m.  
youth room, 5:00 p.m.  
Harris, 7:00 p.m.

### MONDAY, February 27

Sketching and watercolor class  
Mah Jongg 101  
Italian conversation group  
Classic table games open play  
Bridge group  
WaterMedia level 2  
Qigong group  
Alexander Technique class  
Pennsylvania Girlchoir rehearsal  
Pennsylvania Girlchoir rehearsal  
Philomusica Chorale rehearsal

room 1&2, 9:30 a.m.  
room 4, 10:00 a.m.  
Harris, 11:00 a.m.  
room 5, 12:00 p.m.  
room 4, 12:30 p.m.  
room 1&2, 1:30 p.m.  
Harris, 2:00 p.m.  
Harris, 3:45 p.m.  
chapel and room 3&4, 4:00 p.m.  
sanctuary and choir room, 5:30 p.m.  
Widener Hall, 6:30 p.m.

### TUESDAY, February 28

Mindfulness practice group  
Sketching and watercolor class  
Mah Jongg open play  
Strong Bones exercise class  
Watercolor and drawing foundations  
Commonwealth Youthchoirs rehearsal  
Well Spouse support group  
Northern District Boy Scouts meeting  
Royal Scottish Country Dancers group  
Philadelphia Women's Music Project rehearsal

room 4, 9:30 a.m.  
room 1&2, 9:30 a.m.  
room 5, 12:30 p.m.  
Widener Hall, 1:00 p.m.  
room 1&2, 1:30 p.m.  
choir room, 6:00 p.m.  
phone, 7:00 p.m.  
room 5, 7:00 p.m.  
chapel, 7:15 p.m.  
Widener Hall, 7:30 p.m.

**WEDNESDAY, March 1**

Rotary Club meeting	Widener Hall, 7:30 a.m.
Beginning Tai Chi class	Widener Hall, 10:00 a.m.
Rummy tiles open play group	room 5, 10:30 a.m.
Zumba Gold class	room 3&4, 11:00 a.m.
Bible Study group	Harris, 11:00 a.m.
Continuing Tai Chi class	Widener Hall, 11:15 a.m.
Bridge open play group	room 1&2, 11:30 a.m.
Intermediate Tai Chi class	Widener Hall, 12:30 p.m.
Basics of Android phone class	Harris, 1:00 p.m.
Mah Jongg 201 group	room 4, 1:00 p.m.
PCCH staff meeting	Melcher, 1:00 p.m.
Wednesday Diabetes and Nutrition workshop	Harris, 1:00 p.m.
Mah Jongg beginner and intermediate open play	room 5, 1:30 p.m.
Golden Yoga class	Widener Hall, 3:00 p.m.
Weight Watchers meeting	Harris, 5:15 p.m.
Pennsylvania Girlchoir rehearsal	all rooms, 6:00 p.m.
Personnel Committee meeting	zoom, 7:00 p.m.

**THURSDAY, March 2**

BNI meeting	Melcher, 7:45 a.m.
Qigong class	Harris, 9:00 a.m.
Thursday painters group	room 1&2, 9:30 a.m.
Thursday bridge group	room 5, 10:00 a.m.
<i>The Lockdown is Over</i> discussion group	Harris, 11:00 a.m.
Outdoor Gardeners monthly meeting	Widener Hall, 12:00 p.m.
Making Art Makes Us Smarter class	room 3&4, 1:30 p.m.
MALT Ballroom Dancing class	Widener Hall, 6:45 p.m.
MALT Tango class	chapel, 7:00 p.m.
Gallery Choir rehearsal	choir room, 8:00 p.m.



**FRIDAY, March 3**

Yoga with Attitude class	Harris, 9:45 a.m.
Fun with Watercolor techniques	room 1&2, 10:00 a.m.
Scrabble game	room 5, 10:00 a.m.
Yoga, a Chair and You group	Harris, 11:30 a.m.
International folk dancing group	room 3&4, 12:30 p.m.
Grace Presbyterian Church women's retreat	Widener Hall & reception room, 5:00 p.m.
PCCH Sober and Out group	Melcher, 7:00 p.m.

**SATURDAY, March 4**

Grace Presbyterian Church women's retreat	Widener Hall & reception room 8:00 a.m.
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**SUNDAY, March 5**

**Worship**

Church School  
Joyful Noise rehearsal  
Annual Meeting of the Congregation  
Youth Choir  
Youth Group dinner & Escape the Room

**LENT II, LORD'S SUPPER**

sanctuary, 10:00 a.m.  
Strouse, 10:20 a.m.  
chapel, 11:10 a.m.  
Widener Hall, 11:30 a.m.  
choir room, 4:15 p.m.  
Youth room, 5:00 p.m.



## ABOUT PCCH

**THE PRESBYTERIAN CHURCH OF CHESTNUT HILL** is a lively congregation that has been serving Philadelphia and beyond since 1852. We have been located on this site since 1950. We are a congregation of the Presbyterian Church (U.S.A.) and the Presbytery of Philadelphia.

Our traditional worship service connects with contemporary approaches to questions of faith and life. We support a wide range of mission partners throughout the city and are home to a number of music groups.

Our membership is drawn from the city and surrounding communities. We aspire to be an inclusive community of faith in our work and worship together.

### SESSION

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Linda Amsterdam	Graeme Frazier	Michelle Shachtman
Rebecca Bernstein	Lisa Guyer	Taylor Slaughter
Jill Bown	Kate Houstoun	Harry Spaeth
Shannon Cavanaugh	Kathryn Krantz	James Spause
Gregory Dickinson	James Lutz	Margaret Spencer
Matthew Eastman	Katherine Magid	Beth Nell Vaccaro
Jack Evans	Ryan Mann	Christen Webber
Robert Fles	William Murphy	Kevin Welsh

### BOARD OF DEACONS

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Emily Barth	Debby Evans	Barbara Olson
Kelly Baughman	Courtney Franklin	Linda Pettengill
Mark Bernstein	Trish Franklin	Amy Raphael
Cathy Brzozowski	Becky Frazier	Dominick Rebeck
Emily Camp	Beverly Heimbach	Deborah Robinson
Rebecca DePasquale	Lyn Huertgen	Edna Russo
Beth DeSoo	Jane Kaufman	Beth Vaccaro
Sara Eastman	Kristin Lawton	Sarah Wright
	Jane McGill	

## CHURCH STAFF

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**John Wilkinson** Pastor  
**Megan Petero** Acting Coordinator of Children's and Youth Ministry  
**Beth Shalom Hessel** Parish Associate  
**Cynthia A. Jarvis** Pastor Emeritus  
**Daniel Spratlan** Director of Music  
**Jeffrey DeVault** Organist/Associate Director of Music  
**Julie Snyder** Director, Joyful Noise and Youth Choir  
**Megan Cullen** Church Administrator  
**Diana Rodgers** Interim Director, Preschool  
**Mariangela Saavedra** Director, Center on the Hill  
**Leslie A. Lefer** Communications Coordinator  
**Evelyn F. Carpenter** Administrative Assistant  
**Felix Delgado** Sexton  
**Donna Marciel** Sunday Sexton  
**Debbie Lambeth** Sunday Child Care Provider

## CONTACT PCCH

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Church office      215.247.8855  
Preschool            215.247.8865  
Center on the Hill   215.247.4654

[info@chestnuthillpres.org](mailto:info@chestnuthillpres.org)

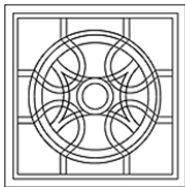
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PCCH Bulletin online



The Presbyterian Church of Chestnut Hill  
8855 Germantown Avenue, Philadelphia, PA 19118