

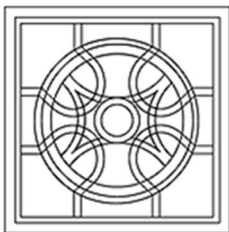
# THE PRESBYTERIAN CHURCH OF CHESTNUT HILL

*An inclusive community of faith*

Sunday, March 31, 2024

10 a.m.

EASTER SUNDAY



8855 Germantown Avenue, Philadelphia, Pennsylvania

## WELCOME!

*Welcome to the Presbyterian Church of Chestnut Hill!*

*Whether you're a first-time guest or a longtime member, we are grateful for your presence. There's a place for you here!*

See an usher for hearing devices or large-print bulletins.

Nursery care for infants through age 2 is available in the Strouse building—ask an usher for assistance. Children who are 3 are encouraged to attend Godly Play but are welcome to remain in the nursery at parental discretion.

Children's "Praise Packs" to aid with worship participation are available in the narthex. Please return these after worship.

We encourage you to fill out the black fellowship pads in the pews, to help us to get to know all who've shared worship with us today.

Following the 10 a.m. service, all are invited for refreshments and fellowship in Widener Hall.

We send regular email updates about worship, church life, and other events. Please contact the church office if you'd like to receive them.

Please silence all electronic devices.

*Find more information about PCCH on page 15.*

# ORDER OF WORSHIP

## OPENING VOLUNTARIES

*Gabriel's Oboe*

Ennio Morricone  
(1928-2020)

*Basse et Dessus de Trompette*

Louis-Nicolas Clérambault  
(1676-1749)

*Concerto in B flat*

Georg Philipp Telemann  
(1681-1767)

## INTROIT

Healey Willan  
(1880-1968)

Rise up, my love, my fair one, and come away.  
For lo, the winter is past, the rain is over and gone;  
the flowers appear on the earth;  
the time of the singing of birds is come.  
Rise up, my love, my fair one, and come away.

## \*CALL TO WORSHIP

Leader: Alleluia! Christ is risen!  
People: **The Lord is risen indeed! Alleluia!**  
Leader: Alleluia! Christ is risen!  
People: **The Lord is risen indeed! Alleluia!**  
Leader: Death has no more dominion over us.  
People: **Alleluia, Alleluia, Alleluia!**

*\*Please stand as you are able.*

\*HYMN 123

Jesus Christ Is Risen Today

EASTER HYMN

1 Je - sus Christ is risen to - day,  
2 Hymns of praise then let us sing, Al - le - lu - ia!  
3 But the pains which he en - dured,  
4 Sing we to our God a - bove,

our tri - um - phant ho - ly day,  
un - to Christ, our heav - en - ly King, Al - le - lu - ia!  
our sal - va - tion have pro - cured.  
praise e - ter - nal as God's love.

who did once up - on the cross,  
who en - dured the cross and grave, Al - le - lu - ia!  
Now a - bove the sky he's King,  
Praise our God, ye heav - en - ly host,

suf - fer to re - deem our loss.  
sin - ners to re - deem and save. Al - le - lu - ia!  
where the an - gels ev - er sing.  
Fa - ther, Son, and Ho - ly Ghost.

Words: Latin, 14th cent; tr. *Lyra Davidica*, 1708, alt. St. 4, Charles Wesley (1707-1788)

Music: Easter Hymn, from *Lyra Davidica*, 1708; adapt. *The Complete Psalmist*, 1749, alt.

**\*PRAYER OF CONFESSION** (*unison*)

Almighty God, in the resurrection of Jesus Christ you have shattered the power of sin and death. We confess that we do not always believe in this hope and live as if we are still captive to lingering fears and despair. Forgive our dread of loss and anxiety about the future. Set us free for the joy of Christ who was dead but now lives, that we too might become fully alive in the service of his reign on earth.

**SILENT CONFESSION**

**\*CHORAL RESPONSE**

Paul Fetler  
(1920-2018)

Christ the Lord is risen, Alleluia!

**PROMISE OF THE GOSPEL**

Leader: Friends, believe the good news.  
People: **In Jesus Christ, we are forgiven.**

**\*GLORIA PATRI**

WESTMINSTER ABBEY  
(Hymn 416)

Laud and honor to the Father,  
Laud and honor to the Son,  
Laud and honor to the Spirit,  
ever three and ever one;  
one in might and one in glory,  
while unending ages run.

**\*PASSING OF THE PEACE**

Leader: As a forgiven people, let us share Christ's peace with one another.  
The peace of Christ be with you.  
People: **And also with you.**

**WELCOME AND ANNOUNCEMENTS**

**PRAYER FOR ILLUMINATION** (*unison*)

Living God, with joy we celebrate the presence of your risen Word.  
Enliven our hearts by your Holy Spirit  
that we may proclaim the hope of eternal and abundant life;  
through Jesus Christ our Lord. Amen.

**OLD TESTAMENT LESSON**

Hosea 6:1-3

“Come, let us return to the Lord; for it is he who has torn, and he will heal us; he has struck down, and he will bind us up. After two days he will revive us; on the third day he will raise us up, that we may live before him. Let us know, let us press on to know the Lord; his appearing is as sure as the dawn; he will come to us like the showers, like the spring rains that water the earth.”

Leader: Holy wisdom, holy word.

People: **Thanks be to God.**

**ANTHEM**

Felice Anerio  
(1560-1614)

*Alleluia!*

*Christus resurrexit a mortuis*

*primitiae dormientium*

*quoniam per hominem mors*

*et per hominem resurrectio mortuorum.*

Alleluia!

Christ has risen from the dead,

the first-fruits of those who have fallen asleep.

Since death was through a man, the

resurrection of the dead is also through a man.

**CHILDREN’S MOMENT AND DISMISSAL**

*Children through 5th grade depart for church school in the Strouse building.*

*Our annual Easter egg hunt will begin immediately following worship.*

*Parents, please pick up your children from Sunday School*

*and meet on the front steps of the church.*

HYMN (*seated*)

TALLIS' CANON

Go with us, Lord, and guide the way  
Through this and every coming day,  
That in your Spirit strong and true,  
Our lives may be our gift to you.

NEW TESTAMENT LESSON

John 20:11-18

But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him." When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" (which means Teacher). Jesus said to her, "Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene went and announced to the disciples, "I have seen the Lord;" and she told them that he had said these things to her.

Leader: Holy wisdom, holy word.

People: **Thanks be to God.**

SERMON

Looking for Jesus  
"Do not hold onto me..."  
John 20:17

Dr. M. Craig Barnes

\*HYMN 104

Christ Is Risen! Shout Hosanna!

HYMN TO JOY

Brian Wren (b. 1936)

Ludwig van Beethoven, 1824  
Adapt. Edward Hodges (1796-1867); alt.

1. Christ is ris - en! Shout Ho - san - na! Cel - e - brate this day of days!  
2. Christ is ris - en! Raise your spir - its From the cav - erns of de - spair.  
3. Christ is ris - en! Earth and heav - en Nev - er - more shall be the same.

Christ is ris - en! Hush in won - der: All cre - a - tion is a - mazed.  
Walk with glad - ness in the morn - ing. See what love can do and dare.  
Break the bread of new cre - a - tion Where the world is still in pain.

In the des - ert all - sur - round - ing, See, a spread - ing tree has grown.  
Drink the wine of res - ur - rec - tion, Not a ser - vant, but a friend.  
Tell its grim, de - mon - ic cho - rus: "Christ is ris - en! Get you gone!"

Heal - ing leaves of grace a - bound - ing Bring a taste of love un - known.  
Je - sus is our strong com - pan - ion. Joy and peace shall nev - er end.  
God the First and Last is with us. Sing Ho - san - na, ev - ery - one!



**\*APOSTLES' CREED** (*unison*)

I believe in God, the Father almighty, maker of heaven and earth,  
And in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Ghost,  
born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and  
buried. He descended into hell. The third day he rose again from the dead. He  
ascended into heaven, and sitteth on the right hand of God the Father almighty.  
From thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost, the holy catholic church, the communion of saints,  
the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

**PRAYERS OF THE PEOPLE AND LORD'S PRAYER**

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will  
be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us  
our debts, as we forgive our debtors; and lead us not into temptation, but deliver  
us from evil. For thine is the kingdom and the power and the glory, forever.  
Amen.

**OFFERING**

**OFFERTORY ANTHEM**

Kile Smith  
(b. 1956)

Sing choirs of new Jerusalem, your sweetest notes employ,  
the Paschal victory to hymn in strains of holy joy.  
For Judah's lion bursts his chains, to crush the serpent's head;  
and cries aloud through death's domains to wake the prisoned dead.  
From hell's devouring jaws they prey alone our leader bore;  
his ransomed hosts pursue their way where Jesus goes before.  
Triumphant in his glory now to him all power is given;  
to him in one communion bow all saints in earth and heaven.

While we, his soldiers, praise our King, his mercy we implore,  
within his palace bright to bring and keep us evermore.

All glory to the Father be, all glory to the Son,  
all glory, Holy Ghost, to thee, while endless ages run.

**\*DOXOLOGY**

LASST UNS ERFREUEN

Praise God, from whom all blessings flow,  
Praise God, all creatures here below. Alleluia! Alleluia!  
Praise God above, ye heavenly host:  
Praise Father, Son, and Holy Ghost.  
Alleluia! Alleluia! Alleluia! Alleluia! Alleluia!

**\*PRAYER OF THANKGIVING**

Leader: Let the peace of Christ rule in your hearts.

People: **Let the word of Christ dwell in you richly.**

Leader: Let us pray.

All: **Eternal God, we praise you that your glory has dawned on us, and brought us into this day of resurrection. We rejoice that the grave could not hold your Son, that he has conquered death and risen to continue your work of new creation. By your Spirit, set our feet in Christ's holy way, that our lives may be signs of his life, and all we have may show forth his love. Amen.**

**\*HYMN 122**

*Thine Is the Glory*  
(see next page)

JUDAS MACCABEUS

**\*CHARGE AND BENEDICTION**

**CLOSING VOLUNTARIES**

*Heroic Music*

Telemann

*Tocatta*

Charles-Marie Widor  
(1844-1937)

\*HYMN 122

*Thine Is the Glory*

JUDAS MACCABEUS

Edmond Louis Budry, 1884  
Trans. R. Birch Hoyle, 1923; alt.

George Frederick Handel, 1748

1. Thine is the glo - ry, Ris-en, con- quering Son; End-less is the  
2. Lo! Je - sus meets us, Ris-en from the tomb; Lov-ing-ly He  
3. No more we doubt Thee, Glo-rious Prince of life! Life is nought with -

vic - tory Thou o'er death hast won. An - gels in bright rai - ment  
greet us, Scat - ters fear and gloom. Let the church with glad - ness  
out Thee; Aid us in our strife. Make us more than con-querors

Rolled the stone a - way, Kept the fold - ed grave - clothes  
Hymns of tri - umph sing, For the Lord now liv - eth;  
Through Thy death-less love; Bring us safe through Jor - dan

Where Thy bod - y lay.  
Death hath lost its sting.  
To Thy home a - bove. Thine is the glo - ry, Ris - en, con- quering Son;

End - less is the vic - tory Thou o'er death hast won.

## LEADING WORSHIP TODAY

### PREACHING

Rev. Dr. M. Craig Barnes

### LITURGISTS

Rev. Cynthia A. Jarvis

Rev. Dr. Russell C. Sullivan, Jr.

### MUSIC

Gallery Choir, Daniel Spratlan conductor

Jeffrey DeVault organist

Scott Marino trumpet, Andy Thierauf timpani

### GREETERS

Greg Dickinson and Ryan Mann Elders

Mark Bernstein and Catherine Brzozowski Deacons

### USHERS

Bill Cobb Team#3 Leader, Robert Bausman, Peter Cooke, Douglas Olson, Dom Rebeck

### FLOWER GUILD

all team members

### COVER ART curated by Rebecca Thornburgh

Henry Ossawa Tanner, *Les trois Marie approchant du tombeau (Three Marys)*, ca. 1910, oil on canvas. Tanner (1859-1937) was an American artist who spent much of his career in France. Oldest of nine children born to a minister in Pittsburgh, Tanner enrolled at the Pennsylvania Academy of the Fine Arts in 1879 where he became a favorite of the painter Thomas Eakins. Tanner moved to Paris in 1891 to study at the Académie Julian, gaining acclaim in French circles. By 1895 he was creating mostly religious works. His shift to painting biblical scenes occurred as he was undergoing a spiritual struggle. In a letter he wrote to his parents on Christmas 1896, he stated, "I have made up my mind to serve Him [God] more faithfully." In the late 1890s, after seeing Tanner's paintings of biblical themes, Philadelphia art patron Rodman Wanamaker sponsored Tanner's trip to the Mutasarrifate of Jerusalem, after which his paintings developed a powerful air of mystery and spirituality.

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## *Easter Flower Memorials and Thanksgivings*

### IN LOVING MEMORY OF

### GIVEN BY

Loved ones	Anonymous
John Armbruster	Barbara Armbruster
Margaret A. Friel	Mark, Rebecca, Frances, Taylor Bernstein
Barbara and George Butler, Peter and Jim Van Blarcom	Lisa and Tom Butler
Loved ones	Ann O. Carr
Mildred S. Owen, Harris A. Carr	Emilie H. Carr
Loved ones	Susan and Bill Cobb
Mr. and Mrs. Gilbert Lorenzon, Jayne Lorenzon	The Cornely family
Loved ones	Barbara and Stan Elwell
Terry Frazier	Barbara Frazier
Our fathers	Becky and Graeme Frazier
Audrey and Russ Van Riper, Chery Van Riper Allen	Debbie Van Riper Harper
Our parents	Jane and Russ Kaufman
Martha and Jack Loughridge	Jeffrey J. Loughridge
Jean Benjamin	The Olson family

*Easter Flower Memorials and Thanksgivings*

**IN LOVING MEMORY OF**

**GIVEN BY**

Margaret and Charles Olson

The Olson family

Our parents

Nissa and Chris Petrak

All our dear departed

The Raphael family

Our parents

The Sheble and Agate families

Barbara Spaeth

Harry Spaeth

Grace and Stanley Hunsberger

Grace and Richard Stewart

Peter and Jim Van Blarcom

Mary Anne Van Blarcom

Eileen McCabe Pitone

Julianne, Declan and Ali Watson

**IN HONOR OF  
IN THANKSGIVING FOR**

**GIVEN BY**

In honor of our parents

Sandy and George Connelly

In thanksgiving for Flynn and Harper  
Herlihy and Blake Brown

The Cornely family

In thanksgiving for the PCCH community

Donald Nally and Steven Hyder

In honor of our new baby cousin who is  
coming soon

Louisa, Susanna and Julia Rodgers-Genuardi

In thanksgiving for Diane Cornely, Grace  
Stewart and the ladies of the Flower Guild

Beth Wrigley

## GOOD TO KNOW

If you are interested in exploring membership at PCCH, please contact Craig Barnes at the church office or at [cbarnes@chestnuthillpres.org](mailto:cbarnes@chestnuthillpres.org).

Sunday worship is live-streamed at [chestnuthillpres.org/live](http://chestnuthillpres.org/live) and is recorded for later viewing. This offering extends our reach across the country and beyond. Visit us when you're away and tell your friends about this new opportunity to join us.

Please share any pastoral care needs or concerns with Russell Sullivan at the church office or at [rsullivan@chestnuthillpres.org](mailto:rsullivan@chestnuthillpres.org).

Please see the back cover for information about our church staff and how to contact and connect with us. You also can access today's Bulletin online.



The Presbyterian Church of Chestnut Hill has committed itself to be a Matthew 25 congregation, joining an initiative of the Presbyterian Church (U.S.A.) focused on three areas:

Building congregational vitality, dismantling structural racism, eradicating systemic poverty.

Visit our Matthew 25 page: [chestnuthillpres.org/matthew-25](http://chestnuthillpres.org/matthew-25) for more information about Matthew 25 news and events.

### **Sunday mornings before worship—a gentle reminder**

The Gallery Choir rehearses in the sanctuary on Sunday mornings from 9 to 9:45 a.m. All are welcome to enter the sanctuary during this time, but please remember to keep conversations low so that the choir is able to focus on its rehearsal.

# THE LIFE OF THE CHURCH

## HAPPENING AT PCCH

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### **HOSPITALITY COMMITTEE EASTER HIGH COFFEE TODAY**

There is a special high coffee after the 10 a.m. worship service today. All are invited to attend in Widener Hall.

### **PCCH WEDNESDAY BIBLE STUDY**

We meet on Wednesdays at 10:30 a.m. in the Harris room. This Wednesday, April 3, Dr. Craig Barnes will be leading the discussion which will focus on the biblical text used for next Sunday's worship service. The reading is John 20:19-31. All are welcome.

### **SECOND HOUR—Sunday, April 7**

We are pleased to welcome to Second Hour the Rev. Dr. Elmarie Parker, the Presbyterian Regional Liaison for Syria, Lebanon, and Iraq. Dr. Parker has served in the Middle East since 2013. According to our denomination's website: "The heartbeat of her work is to help deepen and strengthen the relational ties between the church in her region and the church in the United States and to develop the practical ministries that are birthed from these relationships. More specifically, she facilitates Presbyterian Church (U.S.A.) support for partner programs and activities and implements partnership strategy." Join us in the Harris Room, at 11:30 a.m., on Sunday, April 7, for this interesting presentation about this challenging region of the world and our church's response to it.

### **GERMANTOWN AVENUE CRISIS MINISTRY FOOD DONATIONS**

#### **First Sunday of the month food collection is next Sunday, April 7**

GACM provides food, fuel, clothing, housing and other emergency assistance to those who live in the Northwest section of Philadelphia. We collect food and cash donations for the GACM Food Cupboard on the first Sunday of every month. Please help with your donations of canned tuna and chicken, rice, pasta, peanut butter, canned vegetables and beans, hearty soups and stews, and breakfast cereals. Regular sized products, not family size, and packaged in non-glass containers are appreciated.

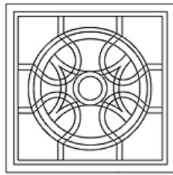


# Forum on the Hill

Presented to a limited number of people in-person at 12:30pm

Recording available online after 5pm.

[chestnuthillpres.org/education/forum-on-the-hill/](http://chestnuthillpres.org/education/forum-on-the-hill/)



**APRIL 11**

**AMY JANE COHEN**

## **BLACK HISTORY IN THE PHILADELPHIA LANDSCAPE**

Amy Cohen joins us to discuss her book  
*Black History in the Philadelphia Landscape*.

Black Philadelphians have shaped Philadelphia history since colonial times. Amy Cohen recounts notable aspects of the Black experience in Philadelphia from the late 1600s to the 1960s and how this history is marked in the contemporary city.

Showing how increased attention to the role of African Americans in local and national history has resulted in numerous, sometimes controversial, alterations to the landscape. Cohen will discuss Black history's significance and its connections with today's spotlight on racial justice.

*Amy Jane Cohen is an educator, historian, and writer. After twenty years teaching social studies, she became Director of Education for History Making Productions and is a contributing writer for Hidden City Philadelphia. Visit her online at [amyjanecohen.com](http://amyjanecohen.com).*

**PRESBYTERIAN CHURCH OF CHESTNUT HILL**

**8855 GERMANTOWN AVE, PHILADELPHIA PA 19118**

**registration required for in-person attendance.**

Contact 215-247-4654 or email [msaavedra@chestnuthillpres.org](mailto:msaavedra@chestnuthillpres.org)

[chestnuthillpres.org/education/forum-on-the-hill/](http://chestnuthillpres.org/education/forum-on-the-hill/)

Visit our website above to watch the recorded version after 5pm.

### YOUTH SUNDAY AND SPAGHETTI DINNER—Sunday, April 14

PCCH youth will lead worship on Sunday morning, April 14 at 10 a.m. with song and prayer. In the evening, they return for our annual youth-sponsored Spaghetti Dinner! The youth will prepare and serve delicious spaghetti at 5 p.m. and at 6 p.m. Tickets will be on sale at fellowship hour each Sunday.

### MYSTERY WINE TABLE

You can purchase wine at the Mystery Wine Table (sponsored by the Music & Arts Committee) or bring your own bottle. The wine will be offered at the door where you pick a numbered cork from a basket to exchange for a bottle of wine in a bag whose number corresponds to the number on the cork.

As this is a fund-raising event, we will ask for a “corkage donation,” with the proceeds being split as in the past between the Youth Mission Trip and support for the Music & Arts programming at the church. In order to have enough wine available, we are soliciting bottle donations. If you wish to donate a bottle (or two) for this great event, please get them to the church office prior to April 10. Any questions, contact Taylor Slaughter (215-983-8561 or praetextum@gmail.com).

### AN EVENING OF MELODY & COMEDY: SILENT AUCTION DONATIONS

Saturday, April 27—save the date and (please) donate!



Part of the evening’s perennial fun is the delightful and eclectic array of marvelous items that you can take home with a winning bid in the silent auction. To make that possible, we’d love for *you to donate something cool* to add to this year’s wonderful offering!

Think jewelry, tickets (theater, concerts, sports events), gift baskets (themes like a garden starter, a movie night, a spring picnic), lessons, a dinner at a local restaurant, time at a vacation house, or works of art.

Let us know what you can add to the auction! Please complete the online form before April 19. Questions? Rebecca Thornburgh, [unbecca@gmail.com](mailto:unbecca@gmail.com)

The Music and Arts Committee hopes you’ll add to the fun by participating—offering a performance or a donation—and *especially* by coming out to see the always excellent show and to bid on the always awesome auction.

All of this benefits the exceptional Music & Arts programming here at PCCH—see you on April 27 for this super fun evening!

The  
PCCH Youth invite you to the

# Spaghetti Dinner

● Sunday, April 14 ●

seatings  
at  
5 pm  
and  
6 pm



purchase wine  
at the  
Mystery Wine table  
or BYO!



● Adults \$12 Children \$8 Family max \$40  
● Tickets on sale after worship on Sundays ●

Proceeds support  
the Youth Mission trip to Montana this summer

## CHILDREN, YOUTH & FAMILIES

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### SUNDAY SCHOOL UPDATE

Date	Godly Play PreK-2nd Grade	Christian Studies Grades 3-5	Feasting on the Word Grades 6-8
3/31	Greg Dickinson and Sarah Wright	Diana Rodgers	Stay in worship

Classes will be offered for three different age groups:

- Children ages 3 to 2nd grade will engage in faith formation through Godly Play curriculum.
- Children in grades 3-5 will increase their Bible literacy while learning about the richness of our Christian history and faith in a fun, structured setting. We will be using the Memoria Press Christian Studies curriculum.
- Middle schoolers in grades 6-8 will wrestle with deep faith questions in classes on alternating weeks. On the other weeks, they will attend worship with their families.

Most Sundays, we will begin Sunday School with a brief opening in the chapel. On Sundays when Communion is served in worship, the children will return to sit with their families so that they can participate.

### CHILDREN'S AND YOUTH MUSIC

Joyful Noise and Youth Choir will not rehearse today.

On regular Sundays all children are welcome to sing with either Joyful Noise or the Youth Choir—drop-ins are welcome!

### INSTRUCTIONS FOR THE EASTER EGG HUNT TODAY

**Our annual Easter Egg Hunt will take place immediately following the worship service and Sunday School. Parents, please pick up your children from Sunday School and meet Julie on the front steps for a collection bag and instructions.**

CCH Vacation Bible School

# Summer's coming soon!



**Camp Firelight**  
Psalm 56:3

A SUMMER CAMP  
ADVENTURE WITH GOD

we're *BZZZZY* making plans

**Monday-Friday**  
**August 12-16**  
mornings 9 to noon  
ages 3\* to grade 5  
**\$150\*\***

\*must be potty-trained  
\*\*limited scholarships available

scan for more info or to register NOW!

## CENTER ON THE HILL

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The Center on the Hill is open Monday-Fridays, 9 a.m.-4 p.m. with all our practices and protocols in place (sanitation, social distancing, and UV air filters). New online content, such as virtual tours, fitness videos, art lessons, recorded presentations and more, is posted Monday-Thursday at 12 p.m. on our programs page here: [chestnuthillpres.org/center-on-the-hill/programs](http://chestnuthillpres.org/center-on-the-hill/programs)

Registration is required for all activities and classes at the Center, as space is limited for social distancing. Call 215-247-4654 or email [mssaavedra@chestnuthillpres.org](mailto:mssaavedra@chestnuthillpres.org).

The Center will be closed on **Monday, April 3** for Easter break.

**STRONG BONES EXERCISE CLASS—Special DROP IN Class** *(registration required)*

Tuesday, April 2, 1-2 p.m., \$15, space is limited

Did you know that one in two women and one in four men over the age of 50 will have an osteoporosis-related fracture in their remaining lifetime, and that osteoporosis is responsible for 1.5 million fractures a year in the United States? It doesn't have to be this way! Hundreds of clinical studies have indisputably proven that doing the right exercises, improving your balance, and making some lifestyle changes, are critical factors in building stronger bones. In addition, active lifestyles are associated with reducing the risk of hip fracture by half. This class will include standing and floor exercises to improve postural alignment, balance, and strength. Bring your own mat, but other equipment is provided.

**PAINTING SHADOW AND LIGHT** *(registration required)*

Thursdays, April 11-May 9, 10:30 a.m.-12:30 p.m., \$112 for five-week class

What color is a shadow? How can I keep sunlit areas from looking dull and bleached out?

Why do my shadows seem lifeless? These are questions students often have. In this class we'll explore how light and shadow affects color, and experiment with different techniques for filling your paintings with life. Students will work from photographs provided by the instructor in the color medium of their choice. Open to advanced beginners through intermediate students. Tabletop easels available on request.

**CHANGING YOUR DEMENTIA CARE MINDSET** *(registration required)*

Thursday, April 18, 11:00 a.m.-12:00 p.m., free

Repetitive questions. Personal insults and verbal aggression. Making a mess by rummaging in cabinets and drawers. Why does my loved one with dementia drive me so crazy? The fact is, your loved one is doing the best they can to communicate their needs with a failing brain. Shifting the way you think about the dementia experience will actually reduce these troubling behaviors and bring you both greater peace. Emily S. Gavin, MS, OTR/L, owner PhillyCareCoaching LLC, is an occupational therapist specializing in supporting caregivers of people living with dementia.

**CHAIR CARDIO** *(registration required)*

Thursdays, April 18, 25, May 2, 23, 30, June 6, 13 and 20, 1-2 p.m., \$10

Dance, stretch, move and groove with Megan Do Nascimento for an all levels chair cardio class where we will use light weights, and a fun playlist to get our heart rate and energy levels up. Be prepared to laugh and have fun! Megan is a breast cancer survivor and yoga and fitness instructor known for her outgoing personality and inclusive teaching style.

## ABOUT PCCH

**THE PRESBYTERIAN CHURCH OF CHESTNUT HILL** is a lively congregation that has been serving Philadelphia and beyond since 1852. We have been located on this site since 1950. We are a congregation of the Presbyterian Church (U.S.A.) and the Presbytery of Philadelphia.

Our traditional worship service connects with contemporary approaches to questions of faith and life. We support a wide range of mission partners throughout the city and are home to a number of music groups.

Our membership is drawn from the city and surrounding communities. We aspire to be an inclusive community of faith in our work and worship together.

### SESSION

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Linda Amsterdam	Graeme Frazier	Michelle Shachtman
Rebecca Bernstein	Lisa Guyer	Taylor Slaughter
Jill Bown	Kate Houstoun	Harry Spaeth
Shannon Cavanaugh	Kathryn Krantz	James Spause
Gregory Dickinson	James Lutz	Margaret Spencer
Matthew Eastman	Katherine Magid	Beth Nell Vaccaro
Jack Evans	Ryan Mann	Christen Webber
Robert Fles	William Murphy	Kevin Welsh

### BOARD OF DEACONS

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Emily Barth	Courtney Franklin	Jane McGill
Kelly Baughman	Trish Franklin	Barbara Olson
Mark Bernstein	Becky Frazier	Linda Pettengill
Cathy Brzozowski	Beverly Heimbach	Amy Raphael
Rebecca DePasquale	Lyn Huertgen	Dominick Rebeck
Beth DeSoo	Jane Kaufman	Deborah Robinson
Sara Eastman	Kristin Lawton	Beth Vaccaro
Debby Evans	Emily McCahery	Sarah Wright

## CHURCH STAFF

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**John Wilkinson** Pastor  
**Megan Petero** Acting Coordinator of Children's and Youth Ministry  
**Beth Shalom Hessel** Parish Associate  
**Daniel Spratlan** Director of Music  
**Jeffrey DeVault** Organist/Associate Director of Music  
**Julie Snyder** Director, Joyful Noise and Youth Choir  
**Megan Cullen** Church Administrator  
**Diana Rodgers** Interim Director, Preschool  
**Mariangela Saavedra** Director, Center on the Hill  
**Leslie A. Lefer** Communications Coordinator  
**Evelyn F. Carpenter** Administrative Assistant  
**Felix Delgado** Sexton  
**Donna Marciel** Sunday Sexton  
**Debbie Lambeth** Sunday Child Care Givers

## CONTACT PCCH

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Church office      215.247.8855  
Preschool          215.247.8865  
Center on the Hill   215.247.4654

[info@chestnuthillpres.org](mailto:info@chestnuthillpres.org)

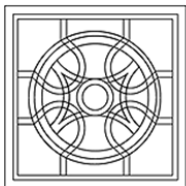
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PCCH Bulletin online



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