

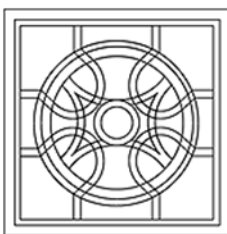
THE PRESBYTERIAN CHURCH OF CHESTNUT HILL

An inclusive community of faith

Sunday, March 20, 2022

10:00 a.m.

THIRD SUNDAY IN LENT



8855 Germantown Avenue, Philadelphia, Pennsylvania

WELCOME!

Welcome to the Presbyterian Church of Chestnut Hill!

Whether you're a first-time guest or a longtime member, we are grateful for your presence. There's a place for you here!

See an usher for hearing devices or large-print bulletins.

Nursery care for infants through age 2 is available in the Strouse building – ask an usher for assistance. Children age 3 and older depart from worship for church school.

We encourage you to fill out the black fellowship pads in the pews, to help us to get to know all who've shared worship with us today.

All are invited for refreshments and fellowship immediately following the service in Widener Hall.

We send regular email updates about worship, church life, and other events. Please contact the church office if you'd like to receive them.

Find more information about PCCH on page 14.

ORDER OF WORSHIP

You do not have to be good.
You do not have to walk on your knees
for a hundred miles through the desert, repenting.
You only have to let the soft animal of your body
love what it loves.
Tell me about despair, yours, and I will tell you mine.
Meanwhile the world goes on.
Meanwhile the sun and the clear pebbles of the rain
are moving across the landscapes,
over the prairies and the deep trees,
the mountains and the rivers.
Meanwhile the wild geese, high in the clean blue air,
are heading home again.
Whoever you are, no matter how lonely,
the world offers itself to your imagination,
calls to you like the wild geese, harsh and exciting—
over and over announcing your place
in the family of things.

— Mary Oliver
Wild Geese

OPENING VOLUNTARY

Gavotte in D
Wesley Bishop, violin

J. S. Bach
(1685-1750)

* *Please stand as you are able.*

INTROIT

Iain Quinn
(b. 1973)

The Lord is full of compassion and mercy;
come let us adore him.

Glory to the Father, and to the Son,
and to the Holy Spirit.

As it was in the beginning,
is now and will be forever.
Amen.

CALL TO WORSHIP *(from Psalm 63)*

Leader: O God, you are my God, I seek you,
my soul thirsts for you;
as in a dry and weary land where there is no water.

**People: Because your steadfast love is better than life,
my lips will praise you.**

Leader: So I will bless you as long as I live;
I will lift up my hands and call on your name.

People: My mouth praises you with joyful lips.

Leader: You have been my help,
and in the shadow of your wings I sing for joy.

**People: My soul clings to you;
your right hand upholds me.**

*HYMN 420

God of Grace and God of Glory

CWM RHONDDA

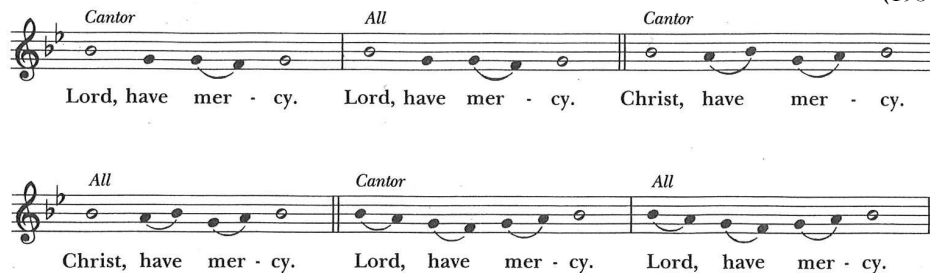
PRAYER OF CONFESSION

God of mercy,
you sent Jesus Christ to seek and save the lost.
We confess that we have strayed from you
and turned aside from your way.
We are misled by pride,
for we see ourselves pure when we are stained,
and great when we are small.
We have failed in love,
neglected justice,
and ignored your truth.

Have mercy, O God, and forgive our sin.
return us to paths of righteousness
through Jesus Christ, our Savior.
Amen.

KYRIE ELEISON

Richard Proulx
(1937-2010)



The musical notation for 'Kyrie Eleison' is written on two staves in a single system. The first staff contains three measures: the first measure is marked 'Cantor' and contains the lyrics 'Lord, have mer - cy.'; the second measure is marked 'All' and contains 'Lord, have mer - cy.'; the third measure is marked 'Cantor' and contains 'Christ, have mer - cy.'. The second staff contains three measures: the first is marked 'All' and contains 'Christ, have mer - cy.'; the second is marked 'Cantor' and contains 'Lord, have mer - cy.'; the third is marked 'All' and contains 'Lord, have mer - cy.'. The music is in a single melodic line with a treble clef and a key signature of one flat (B-flat).

PROMISE OF THE GOSPEL

Leader: Friends, believe the good news.
People: **In Jesus Christ, we are forgiven.**

***RESPONSE**

WON DROUS LOVE

To God and to the Lamb I will sing, I will sing,
to God and to the Lamb, I will sing;
to God and to the Lamb who is the great I Am,
while millions join the theme, I will sing, I will sing;
while millions join the theme, I will sing!

WELCOME AND ANNOUNCEMENTS

PRAYER FOR ILLUMINATION (*unison*)

Gracious God, our way in the wilderness,
guide us, by your word, through these forty days,
and minister to us with your Holy Spirit,
so that we may be reformed, restored, and renewed;
through Jesus Christ our Lord.
Amen.

EPISTLE LESSON

I Corinthians 10:1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an

example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Leader: Holy wisdom, holy word.
People: **Thanks be to God.**

PSALTER

Psalm 63:1-5, 7

PLAINSONG

O God, you are my God; eagerly I seek you;
my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is no water.

Therefore I have gazed upon you in your holy place,
that I might behold your power and your glory.

For your loving-kindness is better than life itself;
my lips shall give you praise.

So will I bless you as long as I live
and lift up my hands in your name.

My soul is content, as with marrow and fatness,
and my mouth praises you with joyful lips,

For you have been my helper,
and under the shadow of your wings I will rejoice.

JOYFUL NOISE ANTHEM

Like a Tree

Ellen Woods Bryce
(b. 1976)

(Solo)

I put my faith in Christ alone
because he loves me so,
his love has taken root in me,
and he has helped me grow.

(All)

Like a tree planted by a stream,
when the days are hot, all its leaves are green,
in a year without a drop of rain,
there's no fear, it remains planted by a stream.
Rooted, grounded in his love,
feeding on his word.
By his spirit, growing strong and bearing fruit.
Let my roots grow deep into his word,
for his word is always sure.
When the wind grows high and storms arise,
my life remains secure.
Like a tree planted by a stream,
when the days are hot, all its leaves are green.

After the anthem, children through fifth grade may process to the Chapel..

GOSPEL LESSON

Luke 13:1-9

At that very time there were some present who told him about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did." Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener,

‘See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?’ He replied, ‘Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.’”

Leader: Holy wisdom, holy word.

People: Thanks be to God.

SERMON

Lenten Stories: Past, Present, Future

John Wilkinson

*HYMN

Now Let Us All With One Accord

BOURBON



1 Now let us all with one ac - cord, in
2 The cov - e - nant, so long re - vealed to
3 Your love, O Lord, our sin - ful race has
4 Re - mem - ber, Lord, though frail we be, in
5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our
2 those of faith in for - mer time, Christ by his own ex -
3 not re - turned, but fal - si - fied; au - thor of mer - cy,
4 your own im - age were we made; help us, lest in anx -
5 when our wan - derings here shall cease, we may with you for



1 heaven-ly Lord in his temp - ta - tion and his fast.
2 am - ple sealed, the Lord of love, in love sub - lime.
3 turn your face and grant re - pent - ance for our pride.
4 i - e - ty, we cause your Name to be be - trayed.
5 ev - er live, in love and u - ni - ty and peace.

Words: Att. Gregory the Great (540-604); tr. *Praise the Lord*, 1972, alt.
Music: *Bourbon*, melody att. Freeman Lewis (1780-1859)

***AFFIRMATION OF FAITH** (*unison*)

A New Creed
United Church of Canada
(1968, 1995)

We are not alone,
we live in God's world.

We believe in God:
who has created and is creating,
who has come in Jesus,
the Word made flesh,
to reconcile and make new,
who works in us and others
by the Spirit.

We trust in God.

We are called to be the Church:
to celebrate God's presence,
to live with respect in Creation,
to love and serve others,
to seek justice and resist evil,
to proclaim Jesus, crucified and risen,
our judge and our hope.

In life, in death, in life beyond death,
God is with us.

We are not alone.
Thanks be to God. Amen.

PRAYERS OF THE PEOPLE AND LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

OFFERING

OFFERTORY ANTHEM

Felix Mendelssohn
(1809-1847)

Lass, O Herr, mich Hülfe finden,
neig' dich gnädig meinem Flehn,
willst gedenken du der Sünden,
nimmermehr kann ich besteh'n.

*Lord, I flee to thee for refuge,
bow thine ear unto my prayer;
if my sins thou shouldst remember,
evermore must I despair.*

Soll mein Sorgen ewig dauern,
sollen Feinde spotten mein?
Schwach und hilflos soll ich trauern
und von dir vergessen sein?

*Shall my troubles last for ever?
Is grief my daily lot?
Weak and helpless must I languish,
by my God, alas, forgot.*

*DOXOLOGY

OLD HUNDREDTH

Praise God, from whom all blessings flow,
Praise God, all creatures here below;
Praise God above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

*PRAYER OF THANKGIVING

Leader: The Lord be with you.

People: **And also with you.**

Leader: Let us pray.

All: **Eternal God, as we offer these gifts, teach us those things that reflect your love and strengthen us to do those things that serve your people. Help us to live in all truth and goodness, for we pray in Christ's name. Amen.**

*HYMN 280

Amazing Grace, How Sweet the Sound

AMAZING GRACE

*CHARGE AND BENEDICTION

*BENEDICTION RESPONSE

Matthew Glandorf
(b. 1973)

Peace I leave with you;
my peace I give to you;
not as the world gives
do I give unto you.

ORGAN VOLUNTARY

Chaconne

Louis Couperin
(1626-1661)

In Memoriam

Owintier Joy Charles
May 22, 1974–March 13, 2022

Memorial Service

The Presbyterian Church of Chestnut Hill
March 19, 2022, 12:00 p.m.

LEADING WORSHIP TODAY

PREACHING

John Wilkinson

LITURGISTS

Brian D. Russo

Roberta J. Kearney

MUSIC

Galley Choir

Daniel Spratlan Conductor

Joyful Noise

Julie Snyder Conductor

Ken Lovett Organist

GREETERS

Lisa Guyer and Kate Houstoun Elders

Courtney Franklin and Trish Franklin Deacons

USHERS

Michael Baughman Team#2 Leader, James Burns, Jason Jones, Barbara Olson

FLOWER GUILD

Jill Bown and Suzan Willcox

FLOWERS IN THE CHURCH are given to the glory of God and to the many loved ones of Susan and Bill Cobb.

COVER ART Nelson Garrido Silva, *Fig Tree*. Licensed from stock.adobe.com.

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GOOD TO KNOW

If you are interested in exploring membership at PCCH, please contact John Wilkinson at the church office or at jwilkinson@chestnuthillpres.org.

Sunday worship is live-streamed at chestnuthillpres.org/live and is recorded for later viewing. This offering extends our reach across the country and beyond. Visit us when you're away and tell your friends about this new opportunity to join us.

Please share any pastoral care needs or concerns with Brian Russo at the church office or at brusso@chestnuthillpres.org.

If you would like to receive a ride to church for Sunday worship, please contact the church office.

Please see the back cover for information about our church staff and how to contact and connect with us. You can access today's Bulletin online (with links to more information) by scanning the QR code.



The Presbyterian Church of Chestnut Hill has committed itself to be a Matthew 25 congregation, joining an initiative of the Presbyterian Church (U.S.A.) focused on three areas: Building congregational vitality, dismantling structural racism, eradicating systemic poverty.

MATTHEW 25 Get connected in this way:

- Participate in one of our Lenten study opportunities.
- Volunteer on March 19 to prepare meals for Face to Face.

Easter Flower Memorials

*The PCCH Flower Guild
invites you to remember loved ones at Easter
with memorial flowers.*

On Easter Sunday, April 17, the Sanctuary will once again be blooming with beautiful spring flowers given to the glory of God and in memory or thanksgiving for loved ones.

The Flower Guild invites you to remember or honor your loved ones on Easter by completing and returning this form to the church office no later than Sunday, April 10, 2022.

Please provide the following information:

In loving memory of:

In thanksgiving for:

Name(s) of contributors

Suggested minimum donation is \$35. Please make your check payable to PCCH, including "Easter Flowers" on the memo line.

Thank you.

THE LIFE OF THE CHURCH

TODAY AT PCCH

COVID/OMICRON UPDATE

The PCCH Return to Church team has recommended that we adopt a “mask optional” approach for worship and other activities. While this is a welcome development, this does not mean, of course, that the pandemic is over. Not all in our congregation are vaccination eligible, and many of our members (including immunocompromised) will still opt to participate in our worship life via the livestream. Additionally, some who do come to worship will choose to continue wearing a mask and we fully support that choice. Masks for children in Sunday school will now be optional. Adults leading child care will continue to wear masks.

We are called to do all we can to remain true to our aspiration to be “an inclusive community of faith,” on this matter and so many others. Please continue to keep all those affected by the coronavirus in your prayers, even as we are grateful for continuing progress.

SUPPORT FOR UKRAINE

In the midst of the chaos of the war in Ukraine, the Presbyterian Church (U.S.A.) has partners who are already providing assistance with basic items for survival. Initial assistance being provided includes shelter, food, clothing, blankets, baby food and diapers, other hygiene supplies, flashlights and candles, generators and fuel.

The first priority is to provide funding to these partners on the ground. While the scale of this crisis is new, receiving refugees from Ukraine and other countries in Central and Eastern Europe is not, which means we have trusted, established partners with the knowledge and expertise to carry out this important work. In fact, One Great Hour of Sharing—the single largest way that Presbyterians come together every year to provide hope, help and relief—was started in response to refugees coming out of Europe.

For the next several weeks, we will receive special offerings during worship to support this effort. Please make checks payable to PCCH and note “Ukraine Relief” in the memo section. Gifts can be made by calling (800) 872-3283 or by texting PDAUKR to 41444.

ONE GREAT HOUR OF SHARING FISH BANKS

One Great Hour of Sharing is an ecumenical effort that focuses on alleviating human need in the U.S. and around the globe. Banks will be distributed in Sunday school; additional banks are available at the church office.

OGHS funds are divided between three Presbyterian programs—Presbyterian Disaster Assistance, the Presbyterian Hunger Program and Self-Development. To learn more, visit [Presbyterian Special Offerings—One Great Hour of Sharing \(pcusa.org\)](http://pcusa.org)

You may wish to use one or both of these resources: *Tread Lightly*, a daily reflection calendar from the P.C.(U.S.A.) highlights ways we can move to sustainable choices to restore and protect God's people and creation. This is one way to focus on our Matthew 25 commitment related to poverty and racial justice. The suggested activities work with older elementary age children, youth and adults. A Giving Calendar for children can be used by everyone to prompt contributions in the fish bank for One Great Hour of Sharing. Contact Roberta Kearney for these resources.

PCCH PRAYER CHAIN

The PCCH prayer chain is a meaningful way to get involved with fellow members as we pray for concerns in our community and in the world at large. If you would like to join our congregational prayer chain, please contact either Brian Russo (brusso@chestnuthillpres.org) or Dianne Greer (banddgreer@aol.com).

SOULS SHOT

Portraits of Victims of Gun Violence traveled to the State Capital in Harrisburg. The exhibition of Philadelphia area souls is installed in the beautiful East Rotunda. The exhibition will be open to the public from 8:00 a.m.—7:00 p.m. Mondays through Fridays. Please share this information with anyone you may know in the Harrisburg or central Pennsylvania area.

The New Jersey chapter of the Souls Shot Portrait Project exhibition is currently in the elegant Pollak Gallery at Monmouth University.

We are grateful to PCCH for their ongoing support of our efforts to change hearts, minds, and systemic inequity through our art. Please visit our website for more information. soulshotportraitproject.org

CHILDREN, YOUTH & FAMILIES

SUNDAY SCHOOL UPDATE

During Lent the children are learning things Jesus experienced through his life as he prepares for the mystery of Easter. This week we remember Jesus' birth and the time he stayed alone in Jerusalem in the Temple when he was twelve. Next week we remember Jesus' baptism and his time of temptation in the wilderness. In Lent we remember, like Jesus, we sometimes face tough decisions.

Nursery care is available for children ages two and under and is staffed by two fully vaccinated, fully background-checked adults. Nursery workers will continue wearing masks.

Masks for children in Sunday school will now be optional. Adults leading Sunday school are asked to voluntarily wear masks.

JOYFUL NOISE

All children ages 3 through 5th grade are invited to participate! Weekly rehearsals will begin immediately following church school and end at approximately 11:30 a.m. Your children will be brought to you at fellowship in Widener Hall.

YOUTH CHOIR

Youth choir practices following worship/church school. All young people in grades 6 through 12 are welcome. Rehearsals are held in the youth room of the Strouse Building.

JUNIOR HIGH FELLOWSHIP

Sunday, March 20: 2:00–6:00 p.m.: West Kensington Ministry Fellowship

SENIOR HIGH FELLOWSHIP

Sunday, March 20: 11:00 a.m.–12:00 p.m.: Second Hour Group Discussion

Sunday, March 20: 12:15–1:45 p.m.: Lunch on the Avenue

Sunday, March 20: 2:00–6:00 p.m.: West Kensington Ministry Fellowship

Sunday, March 27: 5:00–6:00 p.m.: Sushi Dinner and Melody and Comedy Planning

OPPORTUNITIES TO LEARN & CONNECT

LENTEN RETREAT

Saturday, March 26, 10:00 a.m. to 1:00 p.m. “Exploring Lent”

Lent can serve as a lens to faith and life, and we look at Lent from many perspectives. This time together will use imagery, poetry and prose to help us explore the themes of Lent and how they give shape to our faith. Spending time together in reflection will help prepare us for the journey to Holy Week. Led by John Wilkinson and Roberta Kearney. Our time will conclude by 1:00 p.m. Light refreshments provided. Contact the church office by March 23 to register, which will help in our planning. Please join us for a time of connecting and deepening faith.

LENTEN OFFERINGS

Lent is seen as a time for reflection and spiritual growth. This Lent, PCCH will offer a variety of opportunities in which you are encouraged to participate.

Second Hour—Join us Sundays at 11:30 a.m. in the Reception Room.

- March 20—Join our youth as they reflect on their lives in the age of COVID
- March 27—Caring for God's Creation: Communities, Part Five
- April 6—Discussion of Part Seven of *Four Hundred Souls*

Study Opportunity With West Kensington

Tuesdays at 6:00 p.m.

Book Study with West Kensington Ministry, *Justice*, by Michael Sadler, email adan@westkensingtonministry.com or call 267.879.6310 for information and the Zoom link

Wednesday Lenten Bible Studies

11:00 a.m. in the Harris Room

We are studying Joshua 5:9-12 and Luke 15:1-3, 11b-32 this Wednesday, March 23 in anticipation of the scripture for the upcoming Sunday. Please join us as you are able.

7:30 p.m. on Zoom

As we continue to explore Matthew 25, we look at core values and practices related to justice to help us grow our skills and perspective. Join as often as you can. Led by Roberta Kearney and John Wilkinson. Here is the link: <https://us02web.zoom.us/j/82196341724?pwd=SGliZHgydXMxVWpPS3dGKzZXZ2xYUT09>

March 23 Uncovering the Power of Systems—In Matthew 25 Jesus speaks of the way systems are to serve all people, and not just a few people. Reading Matthew 25 together, we practice centering voices from the margin. (Scripture: Matthew 25:1-46)

March 30 Challenging Prevailing Powers—Jesus in the Sermon on the Plain challenges oppression. Here we consider various ways to work for change. (Scripture: Numbers 27:1-11 and Luke 6:17-31)

April 6 Using Advantages to Overturn Inequality—Zacchaeus took stock of his life and acted to redistribute his power, social position and possessions. His actions challenge the status quo and invite us to wrestle with being stewards of our own advantages. (Scripture: Luke 19:1-10)

April 13 Praying Together—Sorting through our thoughts and feelings we take time to discern our personal responses and what it means to apply Matthew 25 for ourselves.

CHURCH-WIDE BOOK STUDY

The Adult Education Committee is commending “Four Hundred Souls: A Community History of African America, 1619-2019” as a book to read for this program year. Edited by Ibram X. Kendi and Keisha N. Blain, this work is an anthology, written by eighty authors from different fields; each takes a five-year period for their brief chapter. A copy of the book for borrowing is available in the church office.

MELODY AND COMEDY

Saturday, April 30, 6:30 p.m., Widener Hall

Melody and Comedy is back! The raucous, silly, surprising, and (above all) FUN evening is on the books for Saturday, April 30, and we're looking for performers of all ages and types to fill the stage in Widener Hall. Do you love to sing? Have a favorite skit or scene you'd like to introduce to a wider audience? Write poetry? Dance en pointe? Tell jokes—the cornier, the better? Then this is your chance!

Director Margaret Spencer welcomes all comers, so get in touch with her with your interest and ideas, spencerem@yahoo.com). If you think it would be fun but don't quite know what you could do, get in touch anyway—Margaret has a lot of resources she'll be happy to share with you to get those creative performing arts juices flowing. Not keen on being on stage? Then mark your calendar and come out to be in the audience, supporting the performers and enjoying a terrific evening. You can also bid on silent auction items that promise to be fabulous; details on those will be coming soon. Proceeds support the music and arts programming at PCCH.

We can't wait to showcase the talents of our own PCCH members again—and would love to have you be part of it!

OPPORTUNITIES TO SERVE

FOOD DONATIONS RECEIVED EVERY SUNDAY AND ALL WEEK

As food insecurity grows, PCCH will continue to receive shelf stable food donations to support several mission partners. You may bring items to the church every Sunday and during the week. NO GLASS CONTAINERS PLEASE. Thank you for your support.

CENTER ON THE HILL

Center on the Hill is open Monday–Friday, 9:00 a.m.–5:00 p.m. with all our practices and protocols in place (proof of vaccination, masks, sanitation practices, limited number of participants per class, social distancing, and UV air filters). New online content, such as virtual tours, fitness videos, art lessons, recorded presentations and more, is posted Monday–Thursday at 12:00 p.m. on our programs page here: <https://www.chestnuthillpres.org/center-on-the-hill/programs/>

Upcoming classes and events this winter:

Registration required for all activities and classes at the Center as space is limited for social distancing. Call 215-247-4654 or email msaavedra@chestnuthillpres.org.

MARCH ART GALLERY EXHIBIT

THE MOSAIC SOCIETY OF PHILADELPHIA (MSoP)

The “Gallery” is open for viewing Monday–Friday 10:00 a.m.–4:00 p.m. daily and before and after worship services. The art of Mosaic is ever-increasing in popularity as is the breadth of materials and processes incorporated into this ancient and lasting art form. The members of MSoP are an active and experimental group! The theme for this year’s MSoP Members’ Exhibit is “Breathe,” a topic subject to a wide variety of interpretations.

RUMMY TILES OPEN PLAY

Wednesdays, February 9–March 30, 10:30 a.m.–12:30 p.m., \$2.00

Join us for this fast-paced, fun and easy game (a.k.a. Rummikub) combining elements of the card game rummy and mah jongg. Open Play space is limited so please RSVP for each week you plan to come and play. Game sets provided.

STRAIGHTENING OUT YOUR BACK PAIN

Thursday, March 31, 11:00 a.m.–12:00 p.m., \$15 per class.

Do you suffer from back pain? Would you like to prevent back pain? Did you know your posture may be playing a role in your body aches? When we experience pain, that can be the body's way of telling us that we are off balance and misaligned. Posture alignment therapy is a proven method that gets to the root of your chronic pain by improving your body's alignment. This class is suitable for either therapeutic reasons or for back health maintenance.

MENTAL HEALTH OF OLDER ADULTS

Thursday, March 24, 11:00 a.m.–12:00 p.m., free.

Presented in person for a limited number of people, and recorded to stream **online** the following week.

The world's population is aging rapidly. Between 2015 and 2050, the proportion of older adults is estimated to almost double from about 12 % to 22 % or from 900 million people to 2 billion people over the age of 60. These numbers are significant as many older adults also have one or more medical issues and may also experience reduced mobility, chronic pain, frailty or other chronic conditions. Along with the referenced medical conditions, they are more likely to experience events such as bereavement, a drop in socioeconomic status with retirement, and other individualized stressors that can result in devastating psychological distress. The program will address mental health issues, their risk factors and necessary resources to meet their needs.

NAME THAT TUNE

Thursday, March 31, 2:30–3:30p.m., FREE

Do you love music? Do you wish you knew a little more about some of your favorite songs? Join us for a fun and interactive music appreciation class! Back by popular demand, your instructor Michael Kraus, will guide you through lessons featuring songs from the past. Learn about the musical roots of songs you have known since childhood, and songs you still love to sing along with today. This class will be entertaining, engaging, educational and fun! Can you Name That Tune? Come and find out!

HAPPENING HERE THIS WEEK

SUNDAY, March 20

Worship
 Church School
 Joyful Noise
 Youth Choir
 Fellowship
 Second Hour
 Junior and Senior High Youth Group
 Crossing Rehearsal
 Women's Seminar

Third Sunday in Lent

sanctuary, 10:00 a.m.
 chapel/Strouse, 10:15 a.m.
 chapel, 11:15 a.m.
 youth room, 11:15 a.m.
 Widener, 11:15 a.m.
 reception room, 11:30 a.m.
 West Kensington Ministry, 2:00 p.m.
 sanctuary, 2:00 p.m.
 Widener, 3:30 p.m.

MONDAY, March 21

Sketching and Watercolor
 Italian Conversation
 Bridge Group
 Watercolor and Drawing Level 2
 Qigong
 Girlchoir Rehearsal
 Crossing Rehearsal
 Philomusica Rehearsal

room 1&2, 9:30 a.m.
 Zoom, 11:00 a.m.
 room 4, 12:30 p.m.
 room 1&2, 1:30 p.m.
 Widener, 2:00 p.m.
 all rooms, 3:30–7:00 p.m.
 sanctuary, 3:30 p.m.
 Widener, 6:30 p.m.

TUESDAY, March 22

Mindfulness Practice
 Sketching and Watercolor
 Introduction to Wordpress
 Community Luncheon
 Mah Jongg Open Play
 Staff Meeting
 Strong Bones I
 Watercolor & Drawing Foundations
 Strong Bones II
 CY Rehearsal
 Girlchoir Rehearsal
 Well Spouse Support Group
 Northern District Boy Scouts

room 4, 9:30 a.m.
 room 1&2, 9:30 a.m.
 Harris, 10:00 a.m.
 Widener, 12:00 p.m.
 room 5, 12:30 p.m.
 Melcher, 1:00 p.m.
 room 3&4, 1:00 p.m.
 room 1&2, 1:30 p.m.
 room 3&4, 2:30 p.m.
 choir room, 6:00 p.m.
 all rooms, 6:00–7:30 p.m.
 by phone, 7:00 p.m.
 room 5, 7:00 p.m.

Royal Scottish Country Dancers	chapel, 7:30 p.m.
Phila. Women's Music Project	Widener, 8:00 p.m.
Crossing Rehearsal	sanctuary, 8:00 p.m.

WEDNESDAY, March 23

Rotary	Widener, 7:30 a.m.
Beginning Tai Chi	Widener, 10:00 a.m.
Rummy Tiles Open Play	room 5, 10:30 a.m.
Bible Study	Harris, 11:00 a.m.
Bridge Open Play	room 1&2, 11:30 a.m.
Continuing Tai Chi	Widener, 11:30 a.m.
Basics of Android Phone	Harris, 1:00 p.m.
Mah Jongg Beginners	room 5, 1:30 p.m.
Golden Yoga	Widener, 3:00 p.m.
Weight Watchers	Harris, 5:15 p.m.
Girlchoir Rehearsal	all rooms, 6:00–8:00 p.m.
Deacon's Meeting	Zoom, 7:00 p.m.
Bible Study	Zoom, 7:30 p.m.

THURSDAY, March 24

Qigong Healing Movements	Widener, 9:00 a.m.
Watercolor Painting Group	room 1&2, 9:30 a.m.
Thursday Bridge Game	room 5, 10:00 a.m.
Mental Health of Older Adults	Harris, 11:00 a.m.
Mah Jongg	room 5, 1:30 p.m.
Lizanne Christen Yoga	Harris, 4:00 p.m.
Scouts Board of Review	Harris, 6:00 p.m. and 7:00 p.m.
Boy Scouts	room 1&2, 7:30 p.m.
Gallery Choir Rehearsal	sanctuary, 8:00 p.m.

FRIDAY, March 25

Yoga with Attitude	Harris, 9:45 a.m.
Fun with Watercolor	room 1&2, 10:00 a.m.
Scrabble Play	room 5, 10:00 a.m.
Yoga, A Chair and You	Harris, 11:30 a.m.
CPR Class	room 1&2, 12:15 p.m.
International Folk Dancing	Widener, 12:30 p.m.

SATURDAY, March 26

Girlchoir Rehearsal
Lenten Retreat
Girlchoir Rehearsal

all rooms, 8:00 a.m.—1:00 p.m.
Harris, 10:00 a.m.
Widener, 1:00 p.m.

SUNDAY, March 27

Worship
Church School
Joyful Noise
Youth Choir
Fellowship
Second Hour
Church Life Event
Senior High Youth Group

Fourth Sunday in Lent

sanctuary, 10:00 a.m.
chapel/Strouse, 10:15 a.m.
chapel, 11:15 a.m.
youth room, 11:15 a.m.
Widener, 11:15 a.m.
reception room, 11:30 a.m.
off site, 1:00 p.m.
off site, 5:00 p.m.

ABOUT PCCH

THE PRESBYTERIAN CHURCH OF CHESTNUT HILL is a lively congregation that has been serving Philadelphia and beyond since 1852. We have been located on this site since 1950. We are a congregation of the Presbyterian Church (U.S.A.) and the Presbytery of Philadelphia.

Our traditional worship service connects with contemporary approaches to questions of faith and life. We support a wide range of mission partners throughout the city and are home to a number of music groups.

Our membership is drawn from the city and surrounding communities. We aspire to be an inclusive community of faith in our work and worship together.

SESSION

Martha Agate	Jack Evans	Jeffrey Podraza
Linda Amsterdam	Robert Fles	Alison Rudolf
Rebecca Bernstein	Lisa Guyer	Taylor Slaughter
Jill Bown	Kate Houstoun	James Spause
Ryan Cavanaugh	James Lutz	Margaret Spencer
Gregory Dickinson	Katherine Magid	Beth Nell Vaccaro
Matthew Eastman	Ryan Mann	Christen Webber
	Melissa Montgomery	Kevin Welsh

BOARD OF DEACONS

Alison Abernethy	Debby Evans	Jane McGill
Karen Asper	Courtney Franklin	Barbara Olson
Emily Barth-Werner	Trish Franklin	Linda Pettengill
Kelly Baughman	Beverly Heimbach	Amy Raphael
Rebecca DePasquale	Cynthia Hillsley	Dominick Rebeck
Beth DeSoo	Lyn Huertgen	Deborah Robinson
Jess DeSoo	Jane Kaufman	Edna Russo
Sara Eastman	Kristin Lawton	Beth Vaccaro

