

# THE PRESBYTERIAN CHURCH OF CHESTNUT HILL

Twelfth Sunday after Pentecost  
August 15, 2021  
10:00 a.m.

That is why faith, wherever it develops into hope,  
causes not rest but unrest,  
not patience but impatience.

It does not calm the unquiet heart,  
but is itself this unquiet heart in man.

Those who hope in Christ  
can no longer put up with reality, as it is,  
but begin to suffer under it, to contradict it.  
Peace with God means conflict with the world,  
for the goad of the promised future stabs  
inexorably into the flesh of every unfulfilled present.

~ Jürgen Moltmann

**ORDER OF WORSHIP**  
**TWELFTH SUNDAY AFTER PENTECOST**

**August 15, 2021**

**10:00 a.m.**

*The beginning of the opening voluntary is a call to silent, personal meditation.  
Please silence all electronic devices as we prepare our hearts and minds to worship God.*

*Thank you for continuing to wear a face mask to support our children and those with health concerns.*

**OPENING VOLUNTARY**

James Batt  
*Guest Organist*

**INTROIT**

LAUDA ANIMA

Praise, my soul, the King of heaven;  
to his feet thy tribute bring;  
ransomed, healed, restored, forgiven,  
evermore his praises sing:  
Alleluia! Alleluia! Praise the everlasting King.

Angels, help us to adore him:  
ye behold him face to face;  
sun and moon, bow down before him,  
dwellers all in time and space.  
Alleluia! Alleluia! Praise with us the God of grace.

**CALL TO WORSHIP**

Leader: Our help is in the name of the Lord,  
**People: who made heaven and earth.**  
Leader: O praise the Lord with me,  
**People: let us exalt God's name together.**  
**ALL: Let us worship God!**

\*HYMN

*O Day of Radiant Gladness*

ES FLOG EIN KLEINS WALDVÖGELEIN

Stanzas 1–2, Christopher Wordsworth, 1862; alt.

Stanza 3, Charles P. Price, 1980

Stanza 4, *The Hymnal* 1982

Memmingen ms., 17th century

Harm, George Ratcliffe Woodward, 1904

1. O day of ra - dant glad - ness, O day of joy and light,  
 2. This day at the cre - a - tion The light first had its birth;  
 3. This day God's peo - ple, meet - ing, The Ho - ly Scrip - ture hear;  
 4. That light our hope sus - tain - ing, We walk the pil - grim way,

O balm of care and sad - ness, Most beau - ti - ful, most bright;  
 This day for our sal - va - tion Christ rose from depths of earth;  
 Christ's liv - ing pres - ence greet - ing, Through bread and wine made near.  
 At length our rest at - tain - ing, Our end - less Sab - bath day.

This day the high and low - ly, Through a - ges joined in tune,  
 This day our Lord vic - to - rious The Spir - it sent from heaven,  
 We jour - ney on, be - liev - ing, Re - newed with heav - en - ly might,  
 We sing to You our prais - es, O Fa - ther, Spir - it, Son;

Sing "Ho - ly, ho - ly, ho - ly" To the great God tri - une.  
 And thus this day most glo - rious A tri - ple light was given.  
 From grace more grace re - ceiv - ing On this blest day of light.  
 The church its voice up - rais - es To You, blest Three in One.

## PRAYER OF CONFESSION (*unison*)

Because you are in the world picking up the pieces, we humbly ask you to have pity on our broken lives and the earthen vessel that is your church: vulnerable and anxious of the way ahead. Deal mercifully with our divisions, our difficulties, our struggles, our failures, our fears. Set us free from a past that we cannot change; keep us from losing heart in this present hour; and by the working of your Holy Spirit, fit us for your reign begun even now, in Jesus Christ our Lord, who has gone before us in all things. Amen.

## KYRIE ELEISON

Kile Smith  
(b. 1956)

The musical score is written in 4/4 time with a key signature of one flat (B-flat). It consists of three staves of music. The first staff shows the Cantor/Choir part with the lyrics "Lord, have mer - cy, Lord, have mer - cy." The second staff shows the Congregation part with the lyrics "Christ, have mer - cy, Christ, have mer - cy." The third staff shows the Congregation part with the lyrics "Lord, have mer - cy, Lord, have mer - cy." The music is simple and melodic, with a focus on the text.

## PROMISE OF THE GOSPEL

Leader: Friends, believe the good news.  
People: **In Jesus Christ, we are forgiven.**

## \*GLORIA PATRI

Smith

Glo - ry be to the Fa - ther and to the Son and  
to the Ho - ly Spir - it, as it was in the be - gin - ning, is  
now, and ev - er shall be, world with - out end. A - men.

Slower

The musical score is written on three staves in G major (one sharp) and 4/4 time. The first staff contains the melody for 'Glo - ry be to the Fa - ther and to the Son and'. The second staff continues with 'to the Ho - ly Spir - it, as it was in the be - gin - ning, is'. The third staff concludes with 'now, and ev - er shall be, world with - out end. A - men.' The tempo marking 'Slower' is placed above the final measure of the third staff.

## WELCOME AND ANNOUNCEMENTS

### PRAYER FOR ILLUMINATION (*unison*)

Gracious Spirit of the Living God, let your word fall upon us like a cleansing balm; scattering our vanities, and uprooting our indifference; until our hearts are enlarged by your love and our minds are enlightened by your truth; through Jesus Christ our Lord. Amen.

## OLD TESTAMENT LESSON

1 Kings 19:9-16

At that place he came to a cave, and spent the night there. Then the word of the Lord came to him, saying, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and

went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' Then the Lord said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place.

Leader: Holy wisdom, holy word.

People: **Thanks be to God.**

## PSALTER

Psalm 34:9-14

PLAINSONG

Fear the Lord, you that are his saints,  
for those who fear him lack nothing.

The young lions lack and suffer hunger,  
but those who seek the Lord lack nothing that is good.

Come, children, and listen to me;  
I will teach you the fear of the Lord.

Who among you loves life  
and desires long life to enjoy prosperity?

Keep your tongue from evil-speaking  
and your lips from lying words.

Turn from evil and do good;  
seek peace and pursue it.

## CHILDREN'S MOMENT AND DISMISSAL

*Children through fifth grade may process to the Chapel to meet for the Gathering.*

**HYMN** (*seated*)

TALLIS' CANON

Go with us, Lord, and guide the way,  
Through this and every coming day,  
That in your Spirit strong and true,  
Our lives may be our gift to you.

**GOSPEL LESSON**

John 6:51-58

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.' The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

**Leader:** Holy wisdom, holy word.

**People:** **Thanks be to God.**

**SERMON***“Getting Up (Part 2)”*

Brian D. Russo

Frances Ridley Havergal, 1872

CANONBURY LM

Robert Schumann, 1839

1. Lord, speak to me, that I may speak In liv - ing  
 2. O lead me, Lord, that I may lead The wan - dering  
 3. O teach me, Lord, that I may teach The pre - cious  
 4. O fill me with Thy full - ness, Lord, Un - til my

ech - oes of Thy tone; As Thou hast sought, so  
 and the wa - vering feet; O feed me, Lord, that  
 things Thou dost im - part; And wing my words, that  
 ver - y heart o'er - flow In kin - dling thought and

let me seek Thine err ing chil - dren lost and lone.  
 I may feed Thy hun ger ing ones with man - na sweet.  
 they may reach The hid den depths of man - y a heart.  
 glow - ing word, Thy love to tell, Thy praise to show.

5. O use me, Lord, use even me,  
 Just as Thou wilt, and when, and where;  
 Until Thy blessed face I see,  
 Thy rest, Thy joy, Thy glory share.



**\*AFFIRMATION OF FAITH** (*unison*)

The Apostles' Creed

I believe in God the Father Almighty, Maker of heaven and earth,

And in Jesus Christ his only Son our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried; he descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God the Father Almighty; from thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost; the holy catholic church, the communion of saints; the forgiveness of sins; the resurrection of the body; and the life everlasting. Amen.

**PRAYERS OF THE PEOPLE AND LORD'S PRAYER**

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

**OFFERING**

*Offering plates are available at each sanctuary door, where you may share your offering, as you enter or depart. You may continue to send pledges and other gifts to the church office, or give online. Thank you for your support.*

**OFFERTORY ANTHEM**

John Rutter  
(b. 1945)

For the beauty of the earth,  
for the beauty of the skies,  
for the love which from our birth  
over and around us lies,  
Lord of all, to thee we raise  
this our joyful hymn of praise.

For the beauty of each hour  
of the day and of the night,  
hill and vale, and tree and flower,  
sun and moon and stars of light:  
Lord of all, to thee we raise  
this our joyful hymn of praise.

For the joy of human love,  
brother, sister, parent, child,  
friends on earth, and friends above,  
for all gentle thoughts and mild,  
Lord of all, to thee we raise  
this our joyful hymn of praise.

For each perfect gift of thine  
to our race so freely given,  
graces human and divine,  
flow'rs of earth and buds of heav'n;  
Lord of all, to thee we raise  
this our joyful hymn of praise.

### **\*DOXOLOGY**

OLD HUNDREDTH

Praise God, from whom all blessings flow;  
Praise God, all creatures here below;  
Praise God above, ye heavenly host:  
Praise Father, Son and Holy Ghost.

### **\*PRAYER OF THANKSGIVING**

Leader: The Lord be with you.

**People:** **And also with you.**

Leader: Let us pray.

**All:** **Eternal God, we thank you for the grace and goodness you have shown us. Encourage us to embody your grace and demonstrate your goodness to a world in need of both; calling us ever into your service, extending the gifts of your love unto others, for Christ's sake. Amen.**

\*HYMN

Sing Praise to God, Who Reigns Above

MIT FREUDEN ZART

Johann Jacob Schütz. 1675; alt.  
Trans. Frances Elizabeth Cox, 1864; alt.

Bohemian Brethren's Kirchengesang, 1566  
Harm. Maurice F. Bell, 1906

\*  
 1. Sing praise to God, who reigns a - bove, The God of all cre -  
 2. What God's al-might - y power hath made, God's gra - cious mer - cy  
 3. The Lord is nev - er far a - way, But through all grief dis -  
 4. Thus all my glad - some way a - long, I sing a - loud Thy

a - tion, The God of power, the God of love, The God of  
 keep - eth; By morn - ing glow or eve - ning shade God's watch - ful  
 tress - ing, An ev - er pres - ent help and stay, Our peace, and  
 prais - es That all may hear the grate - ful song My voice un -

our sal - va - tion; With heal - ing balm my soul is filled, And  
 eye ne'er sleep - eth; With - in the king - dom of God's might, Lo!  
 joy, and bless - ing; As with a moth - er's ten - der hand, God  
 wea - ried rais - es. Be joy - ful in the Lord, my heart, Both

ev - ery faith - less mur - mur stilled:  
 all is just and all is right:  
 gent - ly leads the cho - sen band: To God all praise and glo - ry!  
 soul and bod - y take your part:

\*May be sung in unison.

This tune in a lower key. 7

**\*CHARGE AND BENEDICTION**

**CLOSING VOLUNTARY**

*\*Congregation standing*

**LEADING WORSHIP:** Brian D. Russo, Associate Pastor

**LITURGIST:** Helen Lutz

**MUSIC:** Julie Snyder, soprano; Natalie Bishop, treble; Wesley Bishop, violin; James Batt, guest organist

**GREETERS:** Elder: Jim Lutz; Deacon: Trish Franklin

**USHERS:** Joan Demme and Barbara Keeler

**FLOWER GUILD:** Linda Pettengill and Susan Shuchat

*Flowers in the chancel are given to the glory of God  
and in loving memory of  
the loved ones of  
Alice Lea Tasman.*

## WELCOME TO THE PRESBYTERIAN CHURCH OF CHESTNUT HILL!

Whether you are a first-time guest, regular visitor, or long-time member, we are grateful for your presence. We invite you to join us again and to experience the vibrant life of this faith community.

*Please silence all electronic devices as worship begins.*

- Resources are available to support your worship experience, including hearing devices and large print bulletins. Speak with an usher for assistance.
- If you are a visitor and would like to meet a pastor, tour the church or learn more about us, please speak with an usher.
- All are welcome to Coffee Hour immediately following worship outside on the front lawn or in Widener Hall depending upon the weather.
- If you are interested in exploring church membership, please contact John Wilkinson at the church office or at [jwilkinson@chestnuthillpres.org](mailto:jwilkinson@chestnuthillpres.org).
- If you need a ride to church, please call the church office.
- If you need care or support in any way, please contact one of the pastors or call the church office.
- Nursery for infants and children through age 2 is available before worship in the Strouse Building; children age 3 and older should accompany parents to worship and join in the Children's Moment, after which they will be dismissed for the Church School Gathering.
- In case of an emergency, there are three exit doors behind you in the narthex. If you are sitting near the front of the sanctuary, use the door near the lectern.
- In case of a medical need, please alert an usher—first aid supplies and a wheelchair are available.
- Sunday worship is live-streamed at [www.chestnuthillpres.org](http://www.chestnuthillpres.org). These services are recorded for later viewing.

## **THE LIFE OF THE CHURCH**

**August 15, 2021**

### **VOLUNTEER DRIVERS NEEDED**

If you would be interested in driving someone to church who isn't able to drive themselves, please let us know. Several of our members are in search of rides as they seek to rejoin our community of faith on Sunday mornings. Contact Evelyn Carpenter (215-247-8855 [ecarpenter@chestnuthillpres.org](mailto:ecarpenter@chestnuthillpres.org)) or Brian Russo (908-403-3857 [brusso@chestnuthillpres.org](mailto:brusso@chestnuthillpres.org)) if you are willing to assist us in this ministry. We will pair you with a member who lives near your home or on your drive to church.

### **THEOLOGY ON TAP—Tuesday, August 17, 6:15 p.m.**

Join us for a special Theology on Tap Summer Edition at Campbell's Place on Germantown Avenue. We will meet a little earlier than usual (6:15—7:45 p.m.) so that parents who are dropping off children to our evening VBS event can also attend. Please RSVP to Brian by the morning of August 17 ([brusso@chestnuthillpres.org](mailto:brusso@chestnuthillpres.org)). Looking forward to seeing you then!

### **TAKE ME OUT TO THE (IRON PIGS) BALLGAME!—Sunday, August 29, 1:35 p.m.**

Join PCCH friends as we return to see the Lehigh Valley Iron Pigs play Scranton/Wilkes-Barre. Twenty tickets are available at \$11 each (each ticket comes with a \$2 ballpark credit). Email [PCCHChurchLife@gmail.com](mailto:PCCHChurchLife@gmail.com) to reserve tickets; watch the bulletin for more information on payment and to let us know if you'd be willing to drive.

### **THE CROSSING RETURNS TO PCCH—Saturday, September 11, 7:00 p.m.**

The Grammy-winning choral group, The Crossing, returns to its PCCH home for the first concert of their 2021-2022 season, Saturday, September 11, at 7:00 p.m. If you've never heard this group, or if you've been (like us!) long awaiting their return to an indoor performance, join a PCCH group in attending this concert! For more information about the concert or to purchase tickets, visit: <https://thecrossing.ticketleap.com/returning/> and let's meet up at the concert! If you're interested in joining a group for a pre-concert meal (time and location TBD), let the Church Life team know ([pcchchurchlife@gmail.com](mailto:pcchchurchlife@gmail.com)) and we'll coordinate.

### **PCCH HOMECOMING PICNIC—September 12—Sign Up to Help!**

The 2021 PCCH Homecoming Picnic will be held on Sunday, September 12 following worship. We need your help to make this event a success. Please consider signing up for a task in the link listed below. We look forward to enjoying this homecoming celebration with all of you! <https://www.signupgenius.com/go/9040D4FAFA82CA1FE3-pcch1>

## **JOHN WILKINSON INSTALLATION SERVICE—September 18, 2:00 p.m.**

All are invited to the installation service for John Wilkinson on Saturday, September 18 at 2:00 p.m. in the PCCH Sanctuary. This service will welcome our congregation plus representatives of the Presbytery. Watch your mail for an invitation and stay tuned for details.

## **PIHN BACKPACK DRIVE—Last day for drop off is AUGUST 15.**

If you are unable to drop off your backpack, and would like to arrange a pickup, please contact Melissa Montgomery at 610-506-0898 or [melissamon70@yahoo.com](mailto:melissamon70@yahoo.com) and we will be happy to arrange a time.

## **SUPPORTING PIHN**

PIHN, our mission partner that supports homeless families, is beginning the process again of hosting families onsite. If you've been involved in the past, you know how meaningful this is. If you've ever been interested, now is the chance. Contact Melissa Montgomery if you'd like further information at [melissamon70@yahoo.com](mailto:melissamon70@yahoo.com). PIHN is also in need of receiving a number of items to support its families: air conditioners, microwaves, irons, vacuum cleaners, dressers, sheets, towels and air mattresses. Please contact Melissa for more information or bring clearly marked items to the church.

## **LIVE-STREAM VOLUNTEER OPPORTUNITY**

As our worship live-stream begins, we are seeking several volunteers to assist with its production. No previous technical experience is needed; you will simply push preset buttons. Ample training will be provided. If you are interested in learning more and joining the team, please contact Daniel Spratlan at [danielspratlan@gmail.com](mailto:danielspratlan@gmail.com).

## **FOOD DONATIONS RECEIVED EVERY SUNDAY AND ALL WEEK**

As food insecurity grows, PCCH will continue to receive shelf stable food donations to support several mission partners. You may bring items to the church every Sunday and during the week. Thank you for your support.

## **WEST KENSINGTON GOLF OUTING**

Our mission partner, West Kensington Ministry, is holding its third annual benefit golf outing on Monday, September 27 at Jeffersonville Golf Club. This promises to be a fun day to support an important urban ministry partner in our city. To register, go to [www.westkensingtonministry.com](http://www.westkensingtonministry.com) and click on the green "golfer registration" button. For more information, contact Jeff Podraza or John Wilkinson.

## SOULS SHOT PORTRAIT PROJECT OPPORTUNITIES

This summer, you have the opportunity to view two prior Souls Shot Portrait Project exhibits in anticipation of the newest version, debuting at PCCH in November.

- First Presbyterian Church in Springfield (Flourtown): View the 2020-2021 portraits from June 22 through August 28 (Tuesday and Wednesday afternoons from 1:00—3:00 p.m., Wednesdays from 6:00—8:00 p.m. and Saturday and Sundays from 10:00 a.m.—12:00 noon.) Please call ahead.
- St. Martin-in-the-Fields Episcopal Church: View the 2019-2020 portraits until August 28, Monday through Friday from 9:00 a.m.—5:00 p.m. and Sunday mornings.

Learn more at [www.soulshotportraitproject.org](http://www.soulshotportraitproject.org)

## CHILDREN AND YOUTH

### **PCCH VACATION BIBLE CAMP 2021 COMPASSION CAMP (evening edition)**

*Vacation Bible Camp is moving to the evenings this year.*

*August 17, 18, 19*

*6:00 to 8:00 p.m.*

*For ages 3-12*

*Cost is \$30.00*

*Bible stories, music, movement, arts and crafts...we will explore the idea of compassion for ourselves, our neighbors and the whole world around us!*

*Here is the sign-up link:*

<https://forms.gle/o3yEyykwigg496Dc8>

### **ADULT OPPORTUNITIES**

*Tuesday, August 17:*

*Special Summer Theology on Tap—6:15—7:45 p.m., Campbell's Place. RSVP to Brian Russo if you are planning to attend ([brusso@chestnuthillpres.org](mailto:brusso@chestnuthillpres.org)).*

*Wednesday, August 18—during the camp:*

*Parents are invited to remain at the church for a gathering (refreshments provided!) with John Wilkinson about the future of our children's and family ministry. Please plan to connect with other families and to share your ideas.*



## **CHURCH SCHOOL**

Welcome back to in-person church school! During today's worship service, children will remain with their families to hear the Children's Moment from their pews. Then we'll dismiss and head to the Chapel where we will keep our masks on and maintain physical distancing. Please feel free to have your child dress comfortably as we may move some of our instruction outdoors onto the lawn, and please remember to send a clearly labeled water bottle each week. (If you're visiting and didn't bring a water bottle or simply forgot, no worries. We have cups and water for your child.) We are excited to be able to gather again!

Children are always welcome in our sanctuary. Should you choose to take your child to our nursery, please ask an usher to direct you to that space. Nursery care is available for children ages two and under and is staffed by two fully-vaccinated, fully background-checked, masked caregivers.

## **THE CENTER ON THE HILL**

The Center on the Hill is OPEN for **in-person activities this summer!** When in person at the Center we are following all recommended guidelines and precautions. New online content, such as virtual tours, fitness videos, art lessons, recorded presentations and more, is still posted Monday—Thursday at 12:00 noon on our programs page here:

<https://www.chestnuthillpres.org/center-on-the-hill/programs/>

### **Upcoming classes and events:**

REGISTRATION REQUIRED for all activities and classes at the Center.

Call 215-247-4654 or email [msaavedra@chestnuthillpres.org](mailto:msaavedra@chestnuthillpres.org) to register.

## **SKETCHING AND WATERCOLOR**

*Mondays or Tuesdays, join at any time, 9:30—11:30 a.m., \$32 per month*

Enjoy sketching and watercolor painting in a relaxed class. A variety of mediums will be demonstrated and still life's and photographs will be used. This drawing and watercolor painting class is for people of all abilities. Instructor Alex Forbes has been teaching classes in the Chestnut Hill area for the past twenty-six years

## **MAH JONGG OPEN PLAY**

*Tuesdays, ongoing, join at any time, 12:30—2:30 p.m., \$2.00*

This is an opportunity to simply enjoy others' company and play the game of Mah Jongg. Not for beginners: participants should be familiar enough with the game to play without formal instruction. Over the past years, a small group of people have been meeting to play and would like to expand the number of players.

## **BRIDGE OPEN PLAY**

*Wednesdays, ongoing, join any time, 11:30 a.m.—3:00p.m., \$2.00*

This is an opportunity to simply enjoy others' company and play the game of Party Bridge. Not for beginners: participants should be familiar enough with the game to play without formal instruction.

## **GOLDEN YOGA**

*Wednesdays, start at any time, 3:00—4:00 p.m., \$10 per class, \$35 for 4 Classes, \$85 for 10 classes*

Golden Yoga is a classical yoga, adapted by the SKY Foundation, to accommodate those who have difficulty getting up and down from the floor. The practices include stretching, breathing, relaxation, and meditation techniques—all done while sitting in a chair or standing. *Barbara Levitt has practiced and taught Classical Yoga for more than forty-five years.*

## **QIGONG (HEALING MOVEMENTS)**

*Mondays, ongoing, 2:00—3:00 p.m. and Thursdays, 9:00—10:00 a.m., \$40 per four classes; \$12 walk-ins per class*

Come and experience the gentle, healing movements of the ancient Chinese art of Qigong (chee - gung). It is the practice of moving Chi, life energy, through the body for good health and well-being. These easy movements can be done in a standing or seated position. Enjoy the peaceful, calming feelings brought about by this wonderful art. *Michael McCormack has taught the healing arts for over twenty years. All are welcome.*

## **PCCH CHURCH OFFICE**

The church office summer hours will be Monday—Thursday from 9:00 a.m. to 4:00 p.m. and Friday from 9:00 a.m.—2:00 p.m. We will resume regular five-day per week 9:00 a.m.—5:00 p.m. hours the day after Labor Day, Tuesday, September 7.

### **THIS WEEK AT PCCH and COTH**

#### **SUNDAY, August 15**

10:00 am

10:20 am

11:15 am

6:30 pm

**Worship** (Sanctuary)  
Church School (Strouse)  
Fellowship (Front Lawn)  
Crossing Rehearsal (Sanctuary)

**MONDAY, August 16**

9:30 am	Sketching and Watercolor (Room 1&2)
12:00 pm	Bridge Group (Room 5)
1:30 pm	Watercolor and Drawing (Room 1&2)
2:00 pm	Qigong (Widener)
6:30 pm	Crossing Rehearsal (Sanctuary)

**TUESDAY, August 17**

9:30 am	Sketching and Watercolor Class (Room 1&2)
12:30 pm	Mah Jongg Open Play (Room 1&2)
6:00 pm	Vacation Bible School (Strouse/Widener)
6:30 pm	Crossing Rehearsal (Sanctuary)

**WEDNESDAY, August 18**

10:30 am	Tai Chi Level 1 (Widener)
11:30 am	Bridge Open Play (Room 1&2)
11:30 am	Tai Chi Level 2 (Widener)
1:15 pm	Staff Meeting (Zoom)
3:00 pm	Golden Yoga (Widener)
6:00 pm	Vacation Bible School (Strouse/Widener)
6:30 pm	Crossing Rehearsal (Sanctuary)

**THURSDAY, August 19**

9:00 am	Qigong Class (Widener)
9:30 am	Watercolor Painting Group (Room 1&2)
10:00 am	Thursday Bridge Group (Room 5)
1:30 pm	Mah Jongg Group 1 (Room 1&2)
6:00 pm	Vacation Bible School (Strouse/Widener)

**FRIDAY, August 20**

10:00 am	Red Cross Blood Drive (Widener)
2:30 pm	Crossing Rehearsal (Sanctuary)

**SATURDAY, August 21**

9:00 am	GirlChoir Rehearsal (Sanctuary)
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**NEXT SUNDAY AT PCCH**

**SUNDAY, August 22**

10:00 am	<b>Worship</b> (Sanctuary)
10:20 am	Church School (Strouse)
11:00 am	Fellowship (Front Lawn)

## THE SESSION

John Wilkinson, Moderator

Katherine Connelly, Clerk

Martha Agate  
Linda Amsterdam  
Rebecca Bernstein  
Jill Bown  
Lisa Burns  
Ryan Cavanaugh  
Gregory Dickinson  
Matthew Eastman

Jack Evans  
Robert Fles  
Lisa Guyer  
Kate Houstoun  
James Lutz  
Katherine Magid  
Ryan Mann  
Melissa Montgomery

Jeffrey Podraza  
Alison Rudolf  
Taylor Slaughter  
James Spause  
Margaret Spencer  
Beth Nell Vaccaro  
Christen Webber  
Kevin Welsh

## THE BOARD OF DEACONS

Alison Abernethy  
Karen Asper  
Emily Barth-Werner  
Kelly Baughman  
Rebecca DePasquale  
Beth DeSoo  
Jesse DeSoo  
Sara Eastman

Debby Evans  
Courtney Franklin  
Trish Franklin  
Beverly Heimbach  
Cynthia Hillsley  
Lyn Huertgen  
Jane Kaufman  
Kristin Lawton

Jane McGill  
Barbara Olson  
Linda Pettengill  
Amy Raphael  
Dominick Rebeck  
Deborah Robinson  
Edna Russo  
Beth Vaccaro

## THE CHURCH STAFF

John Wilkinson, *Pastor*

Brian D. Russo, *Associate Pastor for Youth and Senior Adults*

Daniel Spratlan, *Director of Music*

Ken Lovett, *Organist/Associate Director of Music*

Megan McGowan, *Church Administrator*

Carla James, *Director, Preschool*

Mariangela Saavedra, *Director, Center on the Hill*

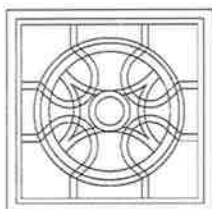
Leslie A. Lefer, *Communications Coordinator*

Evelyn F. Carpenter, *Administrative Assistant*

Felix Delgado, *Sexton*

Owintier Charles and Donna Marciel, *Sunday Sextons*

Icilda James and Debbie Lambeth, *Sunday Child Care Givers*



**The Presbyterian Church of Chestnut Hill**

**8855 Germantown Avenue**

**Philadelphia, Pennsylvania 19118**

telephone: 215.247.8855

web site: <http://chestnuthillpres.org> email: [info@chestnuthillpres.org](mailto:info@chestnuthillpres.org)

facebook link: [www.facebook.com/PCChestnutHill](http://www.facebook.com/PCChestnutHill)

Preschool: 215.247.8865 Center on the Hill: 215.247.4654